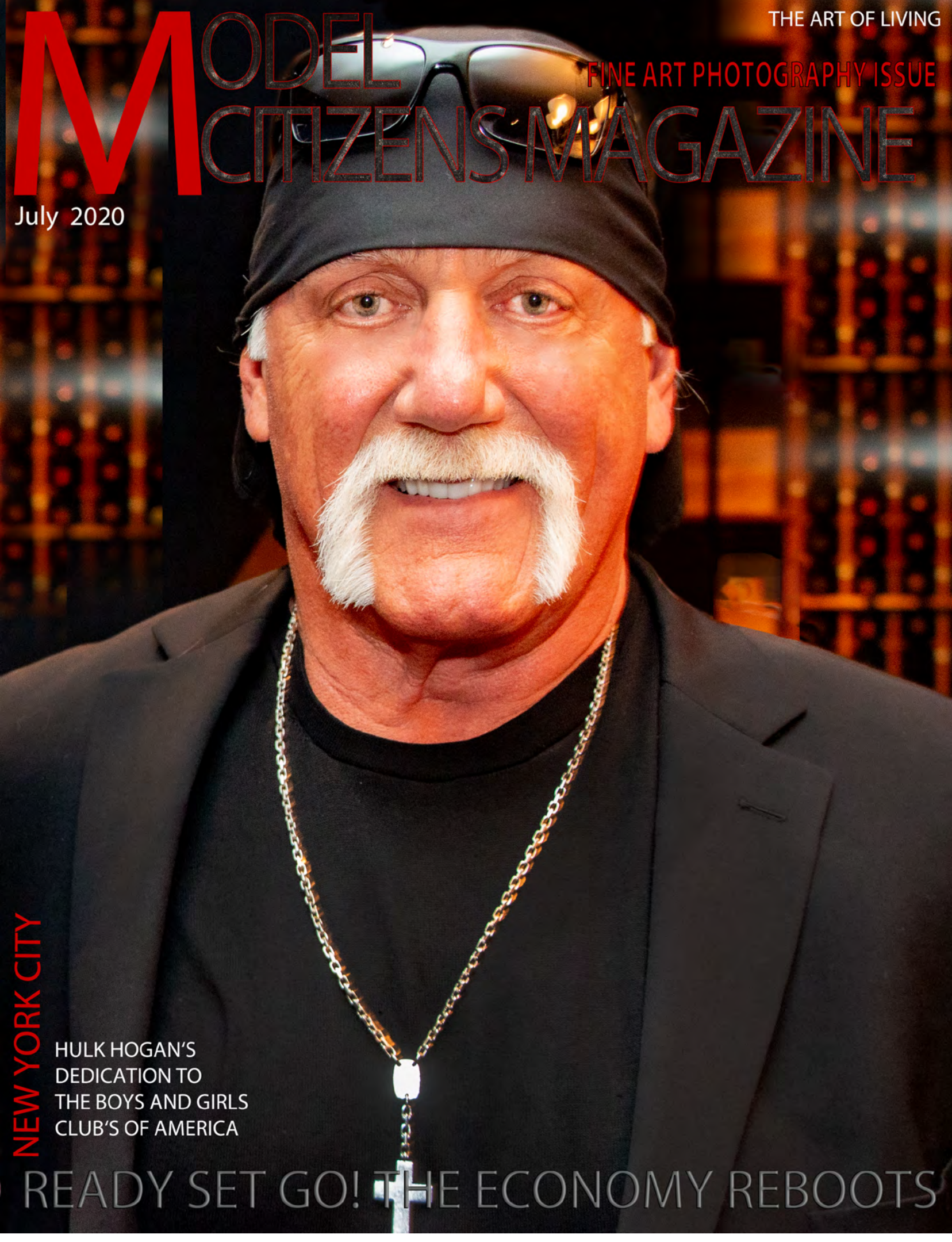


THE ART OF LIVING

MODEL CITIZENS MAGAZINE

FINE ART PHOTOGRAPHY ISSUE

July 2020

NEW YORK CITY

HULK HOGAN'S DEDICATION TO THE BOYS AND GIRLS CLUB'S OF AMERICA

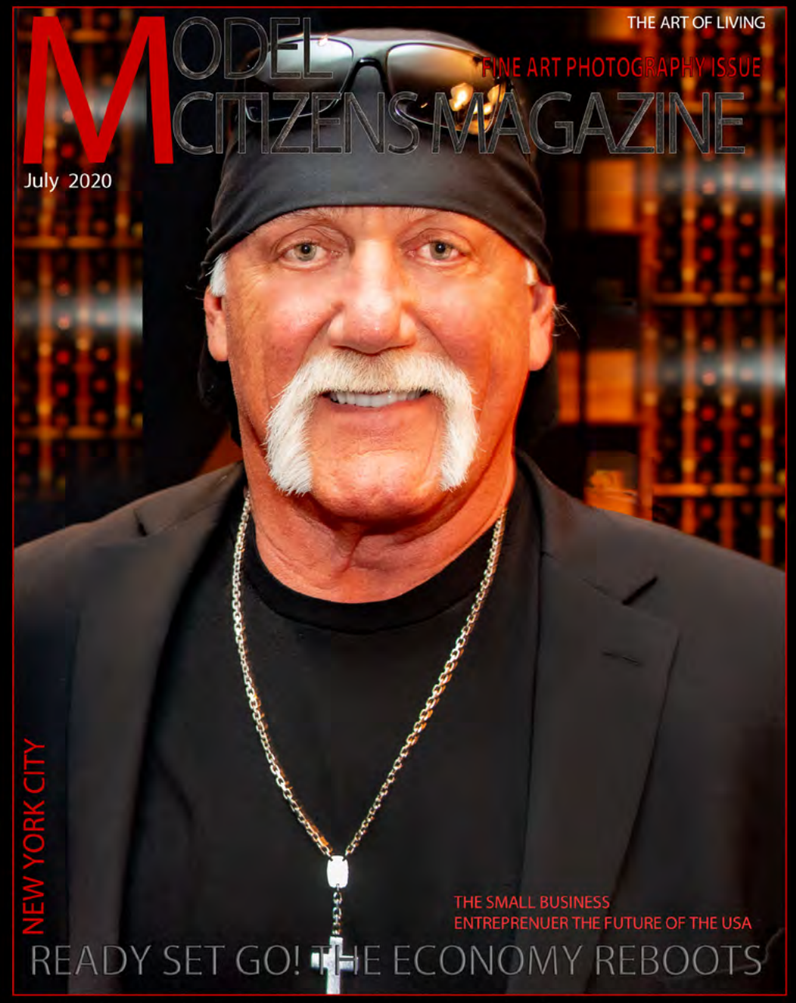
READY SET GO! THE ECONOMY REBOOTS

READY SET GO! THE ECONOMY REBOOTS

JASON MARTELLO

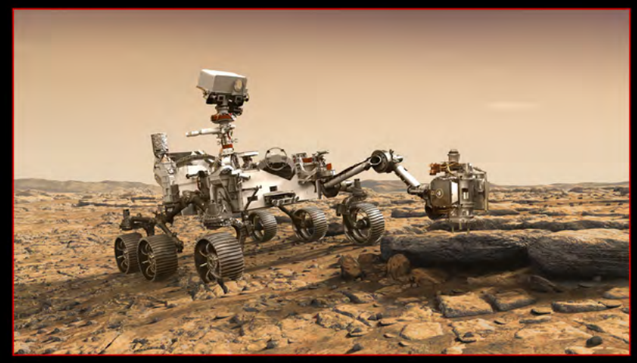
JAMES MANICONE

Model Citizen and JM2 Archicture Partner shares his passion for the LLS Fondation and why his is raising money for cancer in memory of his childhood friend who lost his life at 17 years old.



HULK HOGAN'S DEDICATION TO THE BOYS AND GIRLS CLUB'S OF AMERICA

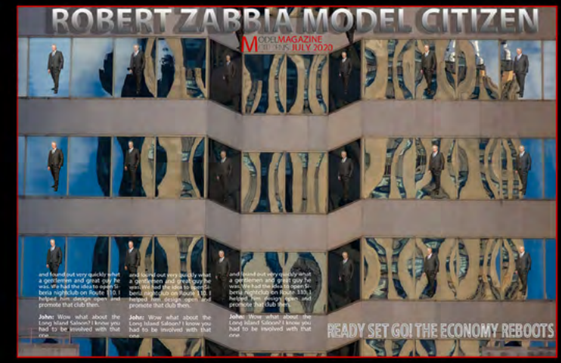
MODEL CITIZEN AMANDA COLANDRO



MARS ROVER LAUNCH EMINENT

BLACK LIVES MATTER!

BLACK LIVES MATTER HAS NOW CHANGED THE AMERICAN LANDSCAPE FOR LAW EN-FORCMENT AND THE JUDICIAL SYSTEM !



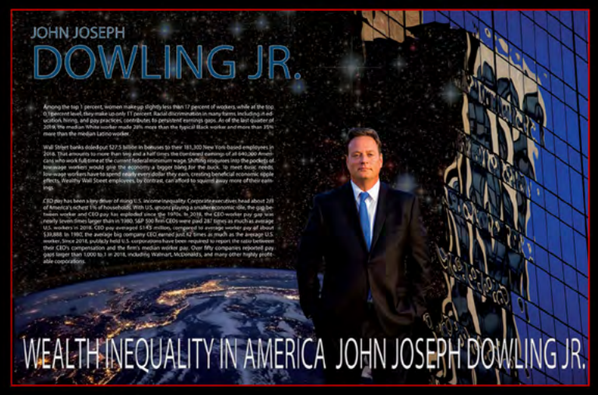
ROBERT ZABBIA

Allstate Insurance guru and model citizen Robert Zabbia shares his thoughts on why we need to support our police and the commitment police officers and first responders make to their communities.

AUTUMN BEHM

Model Citizen and single mom Autumn Behm spends her free time giving to every charity on Long Island. Making Giving a lifestyle. Read about the current state of affairs in the pandemic recovery as Autmn finds her way to new romances and pays tribute to old friends.

KRYSTAL KOHLES



JEFF HOCH

Jeff has known great losses in his life as well as gifts. After years of giving to many different charities Jeff decided to go all in this year and is now a LLS man of the year candidate working on raising funds for pediatric cancer as well as the after effects of treatment.

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MODEL CITIZENS MAGAZINE
FINE ART PHOTOGRAPHY ISSUE

BLACK LIVES MATTER

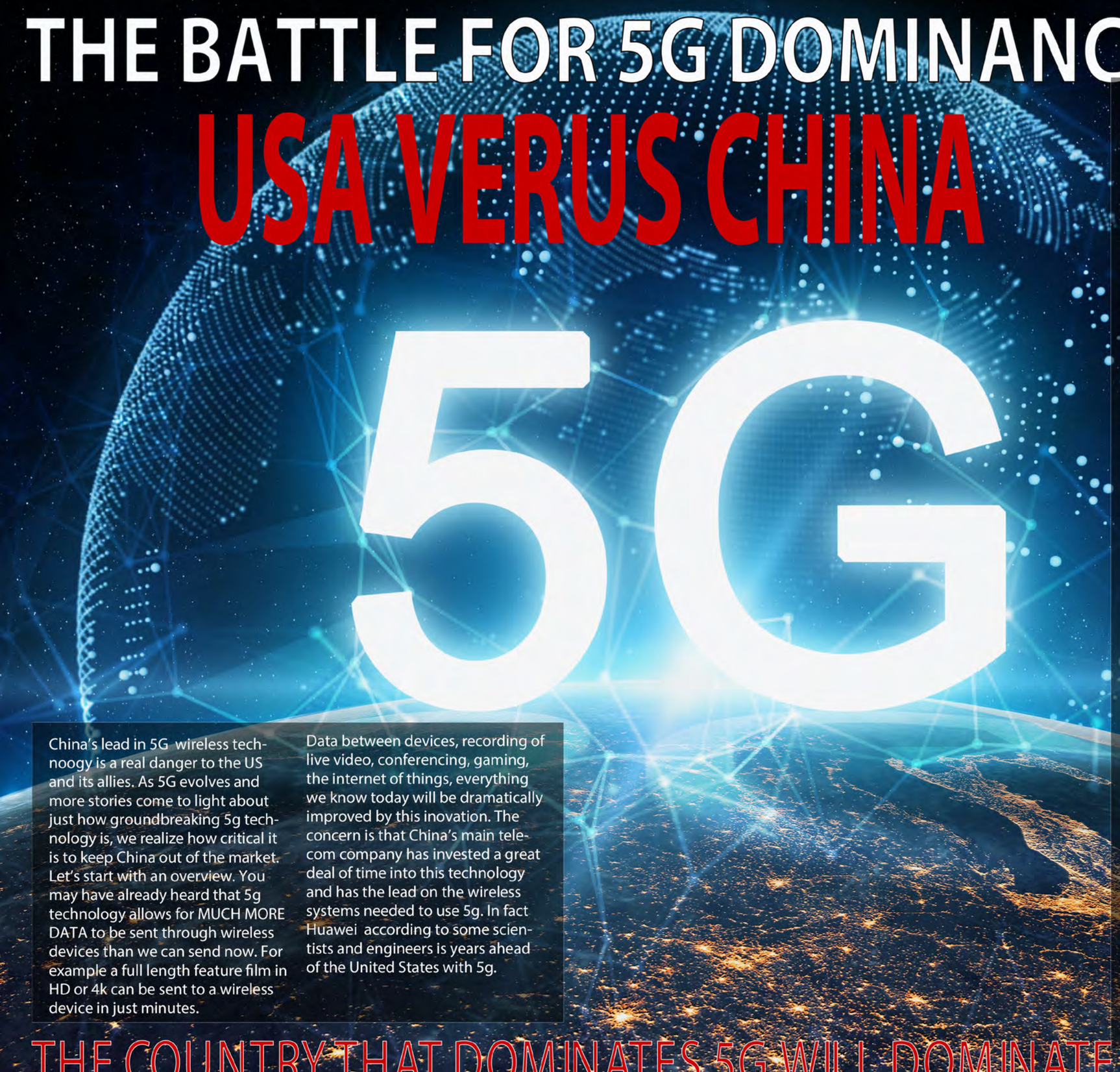
JOHN JOSEPH DOWLING JR.

Could we really be living in a country where police officers target poor minority groups? Could Police officers around the country more specifically be targeting black American's as easy targets for hate crimes and murder? It only takes about 9 minutes to answer that question if you are an AMERICAN OF ANY COLOR. White, black, it doesn't matter really what color your skin is when everyone who watches that video see's with the same fear in their eyes, this could have happened to me, or to a dear friend! How can anyone be racist in a country that promotes integration and love that does not see color? How could a police officer, a man given a position of great trust and honor kill another American citizen while three other WHITE men look on? I know I was shocked to see that with my own eyes and could not believe what I was seeing. I could not believe that a police officer would actually murder anyone never mind a defenseless man struggling to breath. It is obvious that the entire world was outraged to see that racism still exists in the USA.

MODEL CITIZENS MAGAZINE FINE ART PHOTOGRAPHY ISSUE

THE BATTLE FOR 5G DOMINANCE

USA VERUS CHINA



China's lead in 5G wireless technoogy is a real danger to the US and its allies. As 5G evolves and more stories come to light about just how groundbreaking 5g technology is, we realize how critical it is to keep China out of the market. Let's start with an overview. You may have already heard that 5g technology allows for MUCH MORE DATA to be sent through wireless devices than we can send now. For example a full length feature film in HD or 4k can be sent to a wireless device in just minutes.

Data between devices, recording of live video, conferencing, gaming, the internet of things, everything we know today will be dramatically improved by this inovation. The concern is that China's main telecom company has invested a great deal of time into this technology and has the lead on the wireless systems needed to use 5g. In fact Huawei according to some scientists and engineers is years ahead of the United States with 5g.

Huawei has developed the most power-efficient radios because it's been investing in gallium nitride semiconductor solutions much more than Ericsson, Nokia, and other independent radio vendors. So much so that they have a two to three year head start on US and International based telecom companies.

So what's the risk? Well it is no secret that the companies who control the communication devces and the network that supports them also gains the ability to take that data and use it in ways not published by the telecom companies. Whether they are shaing it with law enforcement or steeling company secrets even military and political secrets, is what is really at question.

So what happens when a communist country with an opressive goverment controls all of the data and information traveling throughout the world that also has the fastest traditional computers in the world (along with massive investments in artificial inteligence?) Does not seem to be a very hard question to answer, more of the same cyber-security issues we face today only on a massive level.

Literally China will be able to obtain information on almost anything , real time, and react to it faster than any other nation in the world should China achieve communications dominance throughout the world. I know of no other secuirty risk outside of actually fighting an all out war that is more pressing.

But world war III is not going to be faught with missels and rockets, World War III is going to be faught with information and technology. We are now seeing exactly what can happen to countries who face pandemics, never mind after a few months of isolation how social unrest can topple even the most secure cities.

The Trump administration has already banned China's Huawei Technologies Co. from our market for telecom equipment, as part of an effort to curb its presence in 5G networks globally. That is not stopping many countries from deploying the technology now.

While Swedish giants Nokia and Ericsson AB have incredible technology as well, even with Us interest in investing in those companies, the CEO's of those giants prefer not to get in the middel of a fight between the US and China. And, China still leads the world with its technology.

The United Kingdom is planning on establishing a 5G alliance of ten democracies. Those will be the countries in the Group of Seven (G7)—Canada, France, Germany, Italy, Japan, the UK, and the United States—in addition to Australia, South Korea, and India. Its purpose? To explore 5G alternatives to Huawei. there are real security reasons to limit Huawei's presence in 5G systems, particularly in light of escalating risks that the Chinese government could leverage internet companies incorporated in China to spy on its behalf. Forming a democratic 5G alliance is a step in that direction. However, the best solution is to always be one step ahead in the future. That being said, My strategy - ***buy Ericsson.***

THE COUNTRY THAT DOMINATES 5G WILL DOMINATE THE WORLD

RHONDA KLCH

READY SET GO! THE ECONOMY REBOOTS

While some people have had a mini- stacation from work and business, others have been dreaming/dreading the day they can go back into their workplace. I often can hear the panic in the voices of my clients as they know the "countdown" to when the bills are due is coming close. During the pandemic, many of the creditors allowed for deferment and forbearance of payments. This was most common among the mortgage lenders, student loan , credit card and auto finance companies. These companies offered up to 3 months for a deferral of payments period and most of the public started in March,

reviewing the timeline, that means between June and July they need to get prepared to start making payment (which in some cases even means a balloon payment). As my phone rings daily, the biggest concern is how this reporting will effect their credit report and what happens if they are not yet prepared to make their payments. I , as a consultant and a family provder myself, am most concerned with stopping the financial and emotional bleeding. I recommend to creating an action plan. If a client has a plan, even if the outcome is not favorable (missed payments) they know that they have made wise choices for their family.

It is more important to put food on the table and pay for gas then it is to make a minimum payment to a credit card. These are all emotional decisions but by reviewing your income, assets and cash flow, we create timelines, expectations and "what-if" scenarios. Let's review some possible ideas and outcomes together. Create a spreadsheet of your expenses (this is the scary part) and compare it to your bank statements (reminder of things you may miss such as life insurance payments or auto deductions for subscriptions, etc.) Start by reviewing what you can cancel, place on hold or reduce services on.

For example: If you have life insurance, do not cancel the policy, you may have accrued cash value and you can use the cash value in the policy to maintain it until your ready to get back on your feet. If you are not prepared to make a payment to a creditor, contact them and discuss if they can offer a lower minimum payment or interest rate (sometimes this will mean agreeing to close the card). In your spreadsheet, work through each creditor and then summarize the results. After that exercise is complete, review the spending habits from the month such as eating out, extra movie downloads and games. It is important to prioritize, many of my clients rationalize their decisions by telling me it is OK to order in food because they are saving on gas money working from home.

This is not about bargaining, it is about setting goals and being accountable to your very temporary budget. If you find that your running a deficit, which many of us are, this is your opportunity to sell some items online, Let-go and marketplace on Facebook are excellent places to sell and purchase used (sometimes new) items at reduced costs. It is a virtual yard sale. If your working from home, or not working at all, this is a great time to network, start a side business or volunteer your time. In addition to financial hardships, your social emotional well being is in jeopardy. If you take the time to be part of something bigger then yourself, you will feel great, meet new people that are in your same scenario and learn from each other. At the end of day, it is also ok to ask for help.

There are numerous agencies that will assist with extra food, basic needs and financial counseling.

If you find yourself overwhelmed and anxious, take a deep breathe and know you are not alone. I do not recommend taking to social media to discuss your emotional stressors, the opinions of others right now may make it worse, ask for recommendations but do not discuss your personal problems. I always try to remind my clients, you just never know who is watching and your vulnerability can place you at risk. I think there are many online Facebook groups offering free services for yoga, meditation, wellness and mindfulness, take advantage of learning about these strategies and follow professionals for their tips and ideas.

We socially distance ourselves and save millions of lives world wide.

There always seems to be a debate going on about something. This candidate or that candiate, this conspiracy, another supreme court case... but as we have now demonstrated as a world wide community, life is more imporant than money. Well at least to some of us.

Not that anyone would have ever questioned that, but as it now appears not everyone agrees that social distancing ourselves for months on end is an acceptable way of combating the coronavirus.

As we now see that everyone put life first, well almost everyone, and our financial well being second, we have truly proven ourselves as one real world working together even while we compete against each other. The way you would think all people would come together when all of our safety is at risk.

Even if our goverments make mistakes or take too many liberties with our freedom from time to time, we can see from the lives we saved quarenteening that we are really one community. The community of mankind. Sometimes I think we the people have more common sense than our own goverments.

Because when it really counts I do beleive that we have just proven that we do what is best for mankind, not for our wallets. And at the same time even if we look at the one Chinese Doctor who gave his life to protect mankind, we are all ready, willing, and able to do what is best for our global community even when it means our own life. Dr. Li should get a huge honor for what he did. Then again we all deserve a pat on the back. The question now is will we do it again? Will we need to?

Who knows if and when we see a worse version of this pandemic in a new round of infections now that we are going back to our new normal. Hopefully as part of that new normal we find pride in how we came together if only for a short time as as a global community. No one will ever really know just how many lives we saved, but we do know that we lost hundreds of thousands of lives and we probably saved millions of lives by coming together by staying apart.

No it was not easy and we saw first hand just how reliant the human soul is on being part of a community, and what happens when our communities fail us, but that is another headline for another story.

As for Alure Home Improvements we are now back to work and we are working smart, and of course safe! With virtual selling and designing while distancing, everything from designing to estimates is safe. In many cases even contactless measuring is a possiblity. Everyone is taking advantage of this time to start and finish projects.

As many of you know, I am the MC for the Long Island Fight for Charity every year but this year The Fight For Charity will be diferent in that there will be no live boxing and all past boxers are teaming up to raise money, in an effort to support people in need negatively affected by the pandemic.

With Regards to the Ferro Foundation and the annual Golf Outing we are hoping to be able to pull that off as there are just so many families in need. We will keep you informed and give updates shortly. Until then please stay safe.

MODEL CITIZENS MAGAZINE FINE ART PHOTOGRAPHY ISSUE

Sal Ferro Alure Home Improvements

Model Citizen Asher Allweiss Keeping A Sense of Humor While The Coronavirus Continues its attack and may even return to Long Island.

Model Citizen Asher Allweiss

So just when we thought we were safe it appears that the coronavirus is spreading throughout the entire country on a faster track than the original outbreak, than again this is still round one. With over ten million world wide cases and more than 25% of them right here in the USA, the coronavirus as many predicted isn't going anywhere fast. Based on the every day observations that anyone can make, no longer is the average American Citizen going to sit back and just let their entire life savings be eaten up by these stay at home orders. Nor are people social distancing so what did they think would happen? We can not go to concerts but millions of American's touting their constitutional rights will go out and protest. While they are judging others for being racists, they are making many question are the protesters part of the American Society as a whole who are sacrificing not only for their own safety but the safety of others. You would have to be blind not to see that when you protest in enormous groups during a pandemic the result certainly will be social change, but also social death statistics climbing like never before seen in the US. Millions of protesters just poured fuel on the coronavirus fire and now we are paying the price. And as I try to keep a sense of humor about all of this I sometimes lose it knowing that the worst is still yet to come. There is just no way it is not going to come back around and it terrifying.

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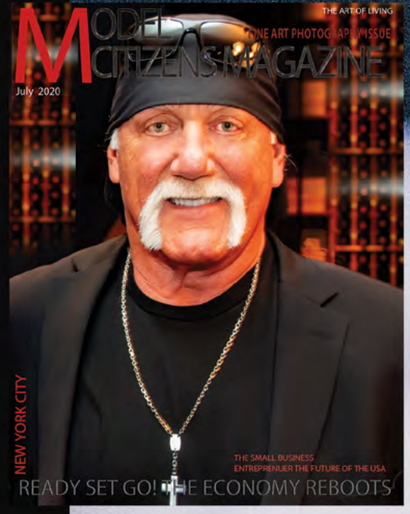

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FOR OVER THREE DECADES PHOTOJOURNALIST JOHN DOWLING HAS PHOTOGRAPHED AND COLLECTED MILLIONS OF TRADITIONAL FILM AND DIGITAL IMAGES, CONDUCTED INTERVIEWS, AND DEVELOPED THOUSANDS OF HOURS OF HIGH QUALITY DIGITAL VIDEO CONTENT. NOW FOR THE FIRST TIME MODEL CITIZENS MAGAZINE IS BRINGING YOU THOSE STORIES, IMAGES, AND VIDEO PRODUCTIONS IN A NEW MULTIMEDIA DIGITAL MAGAZINE FORMAT. FOR THE FIRST TIME EVER WE SHARE THESE INCREDIBLE STORIES OF THESE MODEL CITIZENS, AND THE EXPERIENCES OUR CREATIVES SHARED ALONG THE WAY.

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JOHN@JOHNJOSEPHDOWLINGJR.COM

"Let's go see what this is about" Those were my words back in 2005. For 15 years I have spent my summers on the North Fork (NOFO). The North Fork is a place where you can wear a baseball hat and flip-flops, toss a ball with your dog on the beach at any hour, drinks local wines, and grill a piece of fish that was caught that day. The beauty of the NOFO is its close proximity to New York City. This side of the East End is country meets beach meets foodie destination.

I was blessed to be asked by Doug Cabral owner of International Financial Group Ltd. (IFG) to be apart of his Real Estate team. With offices in Manhattan, Bohemia and Greenport and a team of knowledgeable, professional and real go-getters, it was an offer I could not refuse.

I do Real Estate sales all over Long Island, however my focus has been on the North Fork and South Forks. IFG has a very good rapport with both of the Forks making transactions easy for both my buyers and sellers.

I am extremely excited to work with Doug and his team to create many memories and business deals through out my career. It is unbelievable that I can work at a place were we all have the same visions and goals and pump each other up daily. I love Long Island especially both the Forks and I am so happy I can make my clients dreams come true.

Model Citizen Krystal Kohles

Hamptons Inspired Designing Long Island

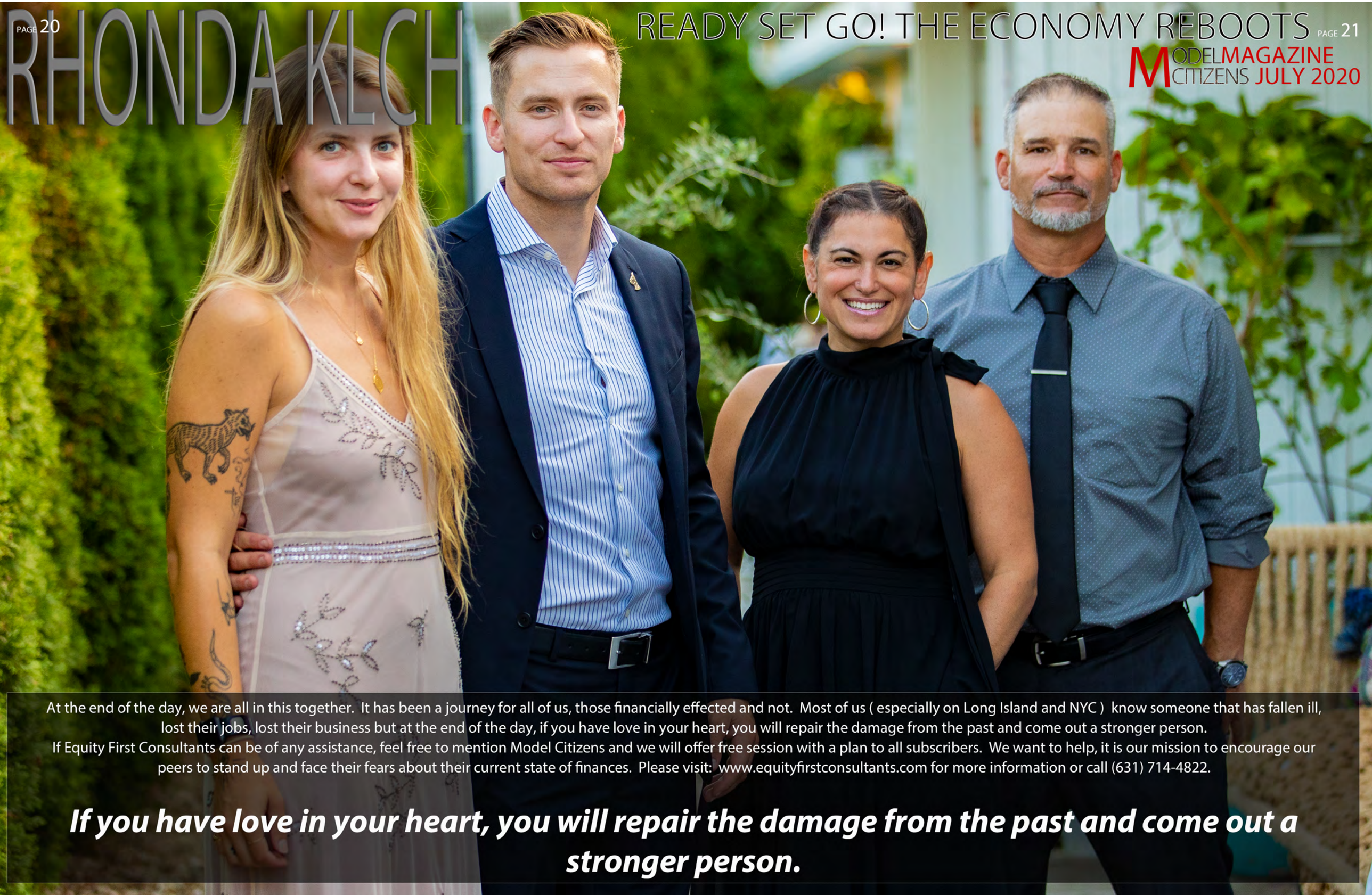
Lydiane Interdonato Model Citizen

MODEL MAGAZINE CITIZENS JULY 2020

The Hamptons personally evokes fond memories for me. Its appeal is in its beautiful yearly charm or weekend retreat that many seek for solitude from the monotony of their busy daily schedules. It is a home away from home if you live on the North Shore or Manhattan. My personal penchant for the Hamptons resides in my deep fondness for its lushly emerald manicured lawns, and the textured bristle shrubbery of its magnificent hedges and boxwood (a Hamptons staple), the neighboring marvelous beauty of its beaches, magical sunsets, farms, dining and wineries. I relish in being outdoors among nature, which makes the Hamptons a joyful and tranquil place, one that hypnotizes you with its beauty.

RHONDA KLCH

MODEL MAGAZINE
CITIZENS JULY 2020



At the end of the day, we are all in this together. It has been a journey for all of us, those financially effected and not. Most of us (especially on Long Island and NYC) know someone that has fallen ill, lost their jobs, lost their business but at the end of the day, if you have love in your heart, you will repair the damage from the past and come out a stronger person.
If Equity First Consultants can be of any assistance, feel free to mention Model Citizens and we will offer free session with a plan to all subscribers. We want to help, it is our mission to encourage our peers to stand up and face their fears about their current state of finances. Please visit: www.equityfirstconsultants.com for more information or call (631) 714-4822.

If you have love in your heart, you will repair the damage from the past and come out a stronger person.

Model Citizen Asher Allweiss Keeping A Sense of Humor While The Coronavirus Continues its attack and may even return to Long Island.

What's not to be terrified about? I mean this virus is killing people and people think it's time to go out in droves and protest? Could not be worst timing despite my 100% support for Black Lives Matter. This isn't about Black Lives, this is about all of our lives. I pray that the people who risked their lives to protect others have not created an even bigger monster and loss of life with the coronavirus again spreading out of control. Well at least in many states. At least for now it appears we are on the downturn in New York City and I am praying it stays that way.

Especially now that I formulized my relationship with Keller Williams Points North and I am expanding my part time career in Real Estate to a full time effort. I am stoked about that opportunity and even with this coronavirus pandemic I am looking forward to creating tremendous value for my clients.

While these are extraordnary times again remember, you just have to have a sense of humor. Do something fun, go ahead dress up as Miss LIberty and go for a stroll. Fly your American Flag proud. Remember if this were not the home of the free and the land of the brave, we would not even have the right to protest or create change fueled by the American People themselves. Have a great July and of course if you want to reach out about real estate, I 'm your man. Brave, Funny, and as always my effort says more than anything else.

ASHER ALLWEISS

MODEL CITIZEN DR. JULIA QUINLAN

FINDING LOVE DURING THE CORONAVIRUS OUTBREAK

Sometimes love comes along when you least expect it. At my age, and as a professional female with grown children, I had basically given upon on love. As such, I had recently focused all of my time and energy on work. I'd moved from Texas to Long Island after my youngest went off to college and had recently left a long-term relationship. Upon my arrival to Long Island, I met some wonderful friends who welcomed me with open arms and I will always value their friendships.

In regard to ever finding my soulmate, well, I was skeptical. Frankly, I doubted such a person even existed after having been married for over 20 years, losing my spouse to cancer, and then having a number of failed romantic relationships and disappointment. Lots of disappointment.

I was certainly not looking to get married. Rather, I was hoping to find someone who loved me, appreciated me, and with whom I could build a strong emotional connection. I had essentially given up on ever finding a rare and beautiful love until I met my fiancé.

Although we have only been together for a few months, it seems like we've been together for much longer. I'm thankful to have found my soulmate and the love of my life. It may seem like a short time in which to get engaged followed by a Fall wedding, however, we both know that we were meant to be together. We both feel it and know this in our hearts and souls. We want to celebrate our love by making the commitment to get married.

I'd like to encourage all the lonely people out there to never give up! You may find your soulmate when you least expect it. I know I did and my life has been forever changed for the better!

A new chapter of love, and a final one for me.

JULIA D. QUINLAN, DO, FASAM
BOARD CERTIFIED IN PSYCHIATRY AND ADDICTION MEDICINE

MODEL CITIZEN AUTUMN BEHM

MODEL CITIZENS MAGAZINE
FINE ART PHOTOGRAPHY ISSUE

Wikipedia defines Friendship as 'a relationship of mutual affection between people. It is a stronger form of interpersonal bond than an association'. What I've found is that people rarely talk about 'making friends' past childhood and then as we 'grow up' we focus more on business connections, networking and acquaintances. Many good friendships start in childhood, others formed over time, commonalities and shared experiences; some impacting your life, many to teach you a lesson, some to be there just to pop in and out and others meant to last a lifetime. I've been blessed to have the privilege of meeting some phenomenal people

the ability to support them in their business and charitable endeavors and many of which I'm honored to call my friends. Being a military brat and traveling quite a bit as a child; making friends was both easy and difficult. Never being in one place long enough, it was hard to have that solid support system. And to this day, I'm still not sure if my personality was shaped by this or if I shaped my personality based on my surroundings. With all my traveling as a young child, some people and places I can recall quite clearly and others remain in that memory fog. It wasn't until my mother remarried, settled in Sayville (where I spent the majority of my life) and a childhood illness that put me in the hospital for two weeks, that by sheer happenstance, I was to meet my best friend.

Shortly after moving to Sayville, I came down with the Flu, post nasal drip and a double ear infection which landed me straight into Southside Hospital for a little over a week. Under 10 and feeling alone and scared would be the normal MO for a child; but no, not me. As a labeled 'chatterbox' I had no problem talking to anyone or asking questions. I began to slowly learn all about the other patients I shared a room with and the nurses who took the time to take care of me. While the flu and my double ear infection were getting better, unfortunately my throat wasn't. My tonsils, swelling and starting to cut off my air supply needed to come out.

My nurse at the time truly favored me and I soon learned that not only did she live in Sayville but, had a daughter my age and mentioned that we would have to meet. A few weeks later, less tonsils and with a raspy voice; I am at the elementary school seeking out my now best friend Amanda. I think my opening line was 'Your mom took care of me when I was sick and said we should be friends'. It was the start to a 30+ year friendship.

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THE CITY IS SLEAPING AFTER ALL...

After visiting New York City and seeing first hand the fear that exists in most New York City residents eyes, you can really see a city that is at its knees. Empty streets, hotel lobbies, public squares and even central park, desilate of life. People continue to flee the city as fast as they can make accomodations elsewhere. It was like New Years Day after all the crowds are gone and there is nothing else left but the piled up trash on the sidewalks. Very little signs of life except for the long elongated lines to get into grocery stores. Th City is truly sleeping. Pray for our city and our rebound.

MODEL CITIZEN DAVID MARTIN

John: So what's life like for you in your new waterfront home?

David: John I am just a happy, generally very happy. I have always lived by the water, and now I am living the dream. Weather I am touring up and down the canals on my boat,fishing and claming,or just taking some friends out for day to Fire Island. The water and the wildlife on Long Island is beautiful.

John: Come on no one is that happy.There has to be something missing?

David: No not something but maybe someone.

John: What do you mean?

David: Well I would have to say that while I am living the life I have always dreamed of. I always hoped I would have met my soulmate already.

John: Has there been a her before?

David: Yes but not my soul-mate.

John: So you beleive that you have a soulmate?

David: Yes I do, I have always believed that I was meant to be someones navigator in life. I am probably more of someone's soul mate as well.

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MODEL CITIZEN AUTUMN BEHM

MODEL CITIZENS MAGAZINE JUNE 2020

As most friendships, you have your highs and lows, thicks and thins and times where life just gets in the way. You'll have periods of doubt, trouble and drama paired with learning, loyalty and growth; and all of this was experienced throughout the years of elementary, high-school and now - which brings us to a 30+ year friendship today that I wouldn't trade for the anything in the world. And we joke now about how we will be two old ladies with blue-purple hair, cracking jokes and living life to its fullest. We're each other's biggest fan and confidant. I couldn't imagine where I'd be or my life without her!

There are a several beliefs that have gotten me where I am today. Everything happens for a reason and at the right time; and more times than not – this is hardly ever on your timeline (the universe is funny that way). The 'Pay it forward' mentality is a way of life, and for me provides a sense of purpose as it enables the creation of strong lasting bonds especially when you give to give and not give to receive. Your outlook in life has a direct correlation to the life you lead and the quality of the connections you'll have with others. And the best part is that it all starts with you being your authentic genuine self.

I urge everyone to take a moment and to reflect on how every relationship you've had up until today, has had a direct impact on 'Who You Are'. For me, growing up with my grandparents who were emergency foster parents, my Veteran parents who willingly supported our nation as US Air Force personnel, the Fee's next door that showed me family and the respect and honor due to our fireman and policemen who sacrifice so much for us every day; the strong friendships I made from years of Girl Scout's Camp Blue Bay (where I now have friends all over the world) to my involvement in non for profits, various charities and businesses which have blessed me with support, friendship, role models and mentors who've inspired me to succeed and surpass even my own expectations. I've even met a great guy....

JAMES MANICONE MODEL CITIZEN

Designing Long Island

MODEL MAGAZINE CITIZENS JULY 2020

Renowned architect Louis Kahn once said, "Even a brick wants to be something. It aspires. It wants to be something better than it is."

There is something very special about designing a building that people will occupy. Whether it be a home, an office, a restaurant or a place of worship, there is great joy as well as great responsibility in knowing that people will gather and traverse a space that we have created. That space must be functional, it must meet the criteria of those occupying it and it must be aesthetically pleasing. That is the goal of any designer. At JM2 Architecture, PC, this is something that our entire staff takes very seriously. It is human nature to be "social" and regardless of where we socialize, each space within a building or a home must speak to you, it must invite you and it must always excite you!! That is the essence of architecture.

There are so many facets to designing a building. Many aspects of design and construction vary depending on what region of the country the building is located within. For us, designing in New York and on Long Island specifically offers many challenges, the most prevalent being the climate conditions. The climate change in New York will dictate the type of building material utilized, the window and roof selections. Although climate often is a concern, we are fortunate in that most of the soils on Long Island have suitable bearing capacity for buildings. Certain areas on the South Shore where sand is common, the use of long, vertical piles are necessary to get down to suitable soil conditions which will protect the building from excess settling. Another element to address is the township in which the project will be located. Each municipality on Long Island has a specific zoning code that will dictate the many parameters that will ultimately determine the overall size, shape and scope of a project. Similarly, Suffolk County and Nassau County each have their own health department agencies that must review and approve all buildings prior to construction.

Upon moving past matters previously mentioned involving the agencies having jurisdiction over the project, we can now focus on our building. At this point, having met with our client multiple times, we now have a good understanding of the use of the building, its size and the overall scope of the project. JM2 Architecture has been very fortunate to have been the lead architectural firm on many wonderful and exciting projects on Long Island and in New York City. In the eight years that JM2 has been in business we have been able to amass a very diverse portfolio of work that includes commercial, residential, industrial, pharmaceutical, restaurant and retail.

However, one project in particular that I will reference is a job that we completed for Amneal Pharmaceuticals in Brookhaven. This project entailed designing a 400,000 square foot multi-story addition onto their existing 121,000 square foot manufacturing facility. The total construction cost of this project was

MODEL CITIZEN

ADAM SCHWAM

MODEL MAGAZINE
CITIZENS JU;Y 2020

I have long known that we would be opening up to uncertain times but never with so much turmoil and chaos going on in our society.

Almost everyone I speak to is concerned about law and order, the presidential election, racism, (and of course most of all their own long term financial security). When you are in the business of supporting other businesses you really get to see the emotional and tangible effects of the "roller coaster" everyone is going through first hand. You hear it in your clients voices, see it in their eyes, and most of all in their requests for help in reinventing themselves.

In many ways that is exactly what every company large and small has to do. Most of all, new entrepreneurs who are starting their own businesses for the first time. These are individuals who may have been furlowed or laid off during the corona virus who found a way to earn a living in a niche market and now are finding themselves (for maybe the first time in their lives) making headway in thier own businesses. These risk takers are the future of the Long Island economy and we need to support them in every way we can!

Sandwire provides network setup, management, service, and technical support across all platforms and applications from security against viruses and other networking threats to desiginging and upgrading home networks.

SUPPORTING LONG ISLAND BUSINESSES AS THE REBRAND, REBUILD, AND REINVEST IN THEMSELVES

So you better beleive we have been busy and of course we have seen the growth of the entpreneurial efforts and self employed. Businesses are springing up from the wake of the layoffs and furlows all over Long Island. While many have been on a self imposed or employer emposed vacation we have been building networks in both residential and business environments. For the most part we have been going twenty four hours by seven.

As an entrepreneur and self employed indivdiual I know first hand how critical the first few months of business are, and how a strong foundation is the best way to build a repuation of service off of.

From your own IP Telephone System that provides a corporate branded welcome to your new clients to the services and training that allow you to create that corporate image that is mandatory for professional communication (you never really want a client to call and get your voicemail unless they have to) and messaging, Sandwire is your partner in technology and the support you need to implement it in your home office or corporate headqaurters. But this is not a sales pitch or an advertisment about Sandwire, this is my best advice to all of those entrepreneuers who are out their for the first time, or reinventing themselves again for this new economy. My best advice, on top of everything is simple. DO NOT ALLOW THE MAYHEM TO DOMINATE YOUR MINDSHARE. Put everything in perspective, and just let it go while you focus on your clients, your support, your value propostion, and the real tangible value you provide . And at the same time if you have a real team or a virtual one, make sure you help support them as well. We are of course in this together to make Long Island the best market in the world for local and international clients. Just don't get caught up, stay safe, use the best practices to keep your clients and social network safe, and you will find success. We are of course entering the unknown but if you enter it together with hope and gratitude in your heart and a good support team like Sandwire in your back pocket, your future will be bright and you can moderate the risk of rebuilding.

MODELMAGAZINE CITIZENS JULY 2020

MODEL CITIZEN LAUREN BASH

SURVIVOR AND BOOT CAMP FITNESS GURU

Twenty-seven year olds are supposed to be advancing in their careers, traveling the world, planning their wedding, maybe even starting a family. I was shocked when I realized all of that had to be put on hold when I was told you have Breast Cancer. When I heard those words at such a young age, I thought my life was over. It was two days before my best friend's wedding and I knew I had to pull it together for my not only myself and my family, but my best friend. So I put a smile on my face and acted like Over the next couple of weeks and a few more tests, I learned I had DCIS which meant the cancer was contained within my milk ducts. But the tumor was 10 cm so my only option was a bilateral mastectomy.

I went through with the surgery reluctantly, and found the cancer had not spread to my lymph nodes which meant I did not need Chemotherapy or Radiation. My only focus was to recover from surgery at that time. In 4 months I faced another surgery, reconstruction. But this was an exciting one and something I had been looking forward to in order to feel whole again. I consider myself one of the lucky ones. I am not only a survivor but a thriver making everyday count and it's not lost on me that I am fortunate to be healthy and happy living everyday like it's my last. I was able to have two amazing girls, and through the process I found I had a passion for helping others.

Young women would reach out to me for advice on what to do when they were diagnosed at a young age as well. Talking to them was my therapy during a very difficult time. I raised thousands of dollars for The American Cancer Society and The Susan G. Komen foundation. I also adopted a healthy lifestyle through proper nutrition and exercise. I fell in love with what this did for my body and my mind. I combined helping others and being healthy with my current profession, Certified Personal Trainer. Through my business LB Fitness, I get to spend my days training clients in person at their homes or running my group bootcamp class in the park. I am living my dream and thankful to be alive.

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MODEL CITIZEN

JEFF HOCH

John: I am here with Jeff Hoch, the Lymphoma and Leukemia Society Man of the Year candidate for 2020. Tell me Jeff, what inspired you to get involved with LLS?

Jeff: When I was 20 years old, my dad was 47 and he passed away from chronic myelogenous leukemia, CML. So this year, in January, I turned 47 and I wanted to do this campaign and get involved in LLS in his honor.

John: That's beautiful. I lost my father too from leukemia. It's hard, he was 62.

Jeff: Yes, it's hard.

John: At age 62, but I miss him every day.

Jeff: Same for me.

John: It's amazing what you are doing especially under today's circumstances. It's a tough year to be trying to raise money for charities. Why did you do it, with knowing what everyone is going through? Why is it important for people to know that they need to donate and continue to support these charities?

Jeff: I think the answer is that COVID-19 will eventually leave this earth, just as it came, and it is pretty much a forgone conclusion to me that blood cancers and other cancers will still be here. The non-profits have taken a tremendous hit because of the virus and also now the political unrest. For me, having seen family members go through cancer, chemotherapy and treatments, they didn't have an opportunity to drop out and so I felt like I am not going to drop out either. It's not in my DNA to drop out. They had to stay the course, and so then do I.

John: What is your goal, what is the end game?

Jeff: The end game is two parts, one is to raise as much as we can to fund cures, to find answers to these illnesses, and the other is awareness.

John: And more humane treatments.

Jeff: Yes, it's interesting right now. LLS has a children's initiative going on now. They made a pledge to raise, in the next 5 years, $100 million dollars specifically for the treatment of children. We do the campaign in the honor of two children, Ryan Starace now 7 years old and Camila Razza who is 14 years old who also had a very long journey with chemotherapy. Thank God both children are well right now and we want to keep them that way. In my heart, when I speak to people within LLS and outside, I feel like if one person can avoid what we have seen in our lives, then the mission has been worthwhile. For me personally, it adds a chance to be a brand ambassador. Whether I raise $10,000 or $10 million, I want to bring the right attention to the organization and represent them in in a professional way, which I am very proud of.

John: And you should be proud of that. We are raising a lot for cancer research and making progress. The survival rate is now 9 out of 10, so not perfect. yet we are still losing children. On a long term basis, these treatments cause, the current ones, which are really made for adults and the doctors are down-dosing for children, and the children are left with cognitive issues and issues their whole life from going through chemotherapy and these treatments at such a young ages. Isn't it true we need to find more humane treatments, even though we are beating it, we need to beat it in a better way?

Jeff: Absolutely, I think the funding that LLS is looking at specifically for children is in effect a game changer,

LLS 2020 Man of the Year Candidate

Model Citizen JEFF HOCH

because kids can't handle everything that is thrown at them. The boy that that we get to know through the charity, that we are doing the work with this year, was near death in the beginning of treatment. That is how severe the side effects were. Eventually they stabilized him and he came through, but it is a terrible to be that close to the edge.

John: My father was on chemo for two days. He was an ironman. He would run 50 mile, 75 mile races in 100 degree or sub-zero weather. After two days of treatment, he said "I am never leaving this hospital alive". We saw little children walking with bald heads, going through chemo, and he said "look at what these kids are gong through".
It is a massive issue and I agree with you that it needs to be tackled.

Long term, what do you think is going to happen? Do you think we will make quick headway, will it take years, what do you know from the research side?

Jeff: I think the answer is the speed of innovation that is improving. If you look at what LLS is throwing their funds behind in the last 5 years, the amount of drugs that have made it through clinical trial on multiple levels, and made it through FDA approval, is vastly different than what is was 5 years ago. From 2017-2019 LLS brought more than 30 drugs to market, which is unheard of. Because of that, it is not only helping blood cancers, but breast, liver, lung and brain cancers, so people that support LLS, support other cancers as well.

John: Very cool. One of the things we ask Model Citizens to reflect on, is not only the charities they are supporting, but also to on the state of our society, where we are at, things like Black Lives Matter and presidential election and social media censorship. Do you have any input on any of these three topics which are a focus of this month's issue? What do you think about Black Lives Matter, and these rogue police officers? Any input?

Jeff: Absolutely, so I have had an opportunity to watch some of the videos that came out about the treatment of George Floyd. I think the oppression of any individual at the hands of police is absolutely incorrect. I think the job of the police is to take a suspect into custody. not to be the judge jury and executioner at street side. I am completely behind the notion that racial equality in this country is intolerable at this point.

John: I couldnt agree with you more. What about the looters and the violence that is happening as part of the protests, that has infiltrated the people protesting?

Jeff: It is an unfortunate side effect. I think a part of it is rooted in frustration, which I can understand, but taking it to an extreme, where you are causing or inflicting property damage, financial damage for companies, that is improper, especially during this time.
I can't get behind that. I have seen how difficult it has been for businesses to recover as-is, and adding that on top of that, it is senseless and baseless.

John: Any predictions for the upcoming election?

Jeff: I think after Donald Trump took office there was a great sense of promise because we had a non-political person there. A businessperson at heart. A lot people were looking for that change for business recovery and growth. To some extent we have accomplished some of that, but what I don't agree with is the seemingly charged or senseless attacks on individuals. To me, he doesn't represent the moral majority of how people think, and I think once again we will be due for some change.

JUPPMCINNIS

Open the doors. Throw up the windows! Life is starting to simmer again, like a really good pot of sauce. I'm not sure about you but, even though I've been busy Zooming away in networking groups and social wine sipping sessions, I am relieved to be re-adding spices and herbs to my life; some the same old, but others are new. Cautiously of course. Let's not be too quick about it. I am still careful not to to turn up too much heat and scorch the bottom of the pot. A nice slow, easy marinate if you will. My grandfather used to say, "that's cooking on the front burner" when he felt my effort and priorities were front and center. In honor of this line of thinking, I'm happy to say I am delving into a new recipe. The best way to describe how this happened is to ask you to imagine taking a bite of something spicy that ignites your brain as well as your taste buds. Fair warning...I'm sticking to the cooking metaphors all the way!

So what is the new recipe? Quite by accident and literally just by chatting away on the phone, my publisher, Stephanie Larkin (Red Penguin Books) and I decided to develop an online creative writing class.

We realized that by combining our expertise we could come up with a great educational opportunity for anyone who wants to learn creative writing, improve and hone their skills or just wants to try something new. Good writing skills help develop good communication, and we all know the recipe for success, personally and professionally, will always involve communication in some way or another.

The bones of the course came from the presentation I created for school visits as an author (my novel, "Runaway At Sea") which is designed to encourage students to participate, discuss their recent reads, and use their imagination. Through our collaboration, we adapted and expanded my presentation into a four-week course, aptly named Introduction to Creative Writing.

Margreit Jupp McInnis
Model Citizen

The lesson? Apparently, two chefs really are better than one.

The goal for the class is to not only teach writing, but to think creatively to develop plot threads, characters and learn how these story elements can interact in new and resourceful ways.

We especially focus on using imagery to keep readers fully invested and at the table, savoring each morsel of the story. I am so excited to launch this class in July which includes a live weekly Q&A session so that our participants can share their progress, projects and accomplishments with us.

The last several weeks have been fun and challenging as we have pulled the content for the course together. It is rewarding to have an opportunity to share expertise and to think that by doing so, I could be helping someone bring their simmer to a rolling boil.

I'm not sure if being confined got me thinking in a new way, or perhaps it is being surrounded by a strong network of family and friends who exude a very contagious positive energy. I'd venture to guess that it is a combination of these ingredients.

As we reopen our economy, we will all be experiencing life and business in new ways we have never thought would be possible.

I am grateful to be a part of a community that focuses not only on giving back,

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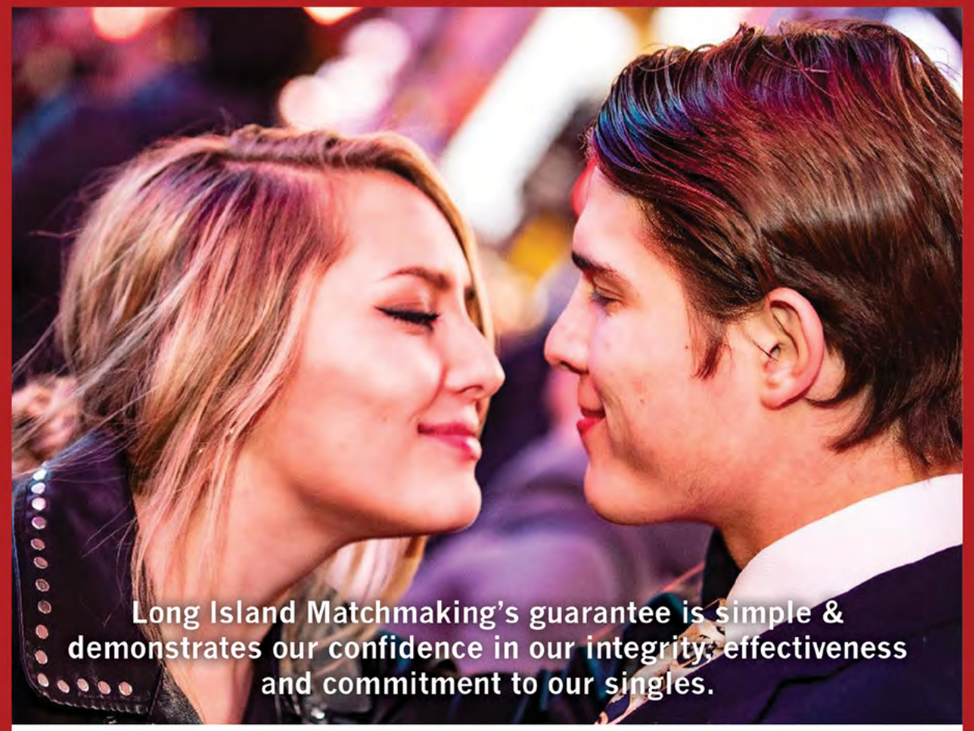

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Margreit Jupp McInnis

but on encouraging a steady stream of support for all ideas big and small. I think we can all agree that having this kind of mindset spurs an environment where people can thrive. It is a bit like having an open invitation to a banquet overflowing with bountiful food. Inspiration is like a new and exquisite recipe, discovered by a combination of hard work and happy accidents. I've been dreaming of writing or being a "author" for as long as I can remember.

I read so much as a child, adolescent and young adult (I must give credit where it is due…thanks mom!) and can remember fondly the moments I became lost in a story; truly as if in a dream. I read everything from Gone With the Wind (my favorite of all time) or Anna Karenina, mystery, romance and then Tom Clancy and Stephen King. Clearly, I had a wide range of interests.

In the Fall of 2019, when I began the process of publishing my novel, "Runaway At Sea", it was a transformational process, as valuable as a recipe passed through the generations of a family. As a result, I have been privileged to meet so many people on our little island (Long Island to be specific) who are genuine and inspiring. This environment is what nurtured confidence and reminded me of the notion that any of us can accomplish anything if we set ourselves on

the right path; like publishing a book or developing an online class. The thought that I could be a catalyst to someone finding their story, their marinade of creativity, is amazing. Sometimes we need a nudge, a smidgen of spice, or perhaps even a big old-fashioned shove, by a mentor or even just within ourselves, to get moving. But it is there, simmering, like a Sunday sauce, waiting for a spoon to dip in for a taste.

Hulk Hogan Model Citizen

Throughout his career Hulk Hogan has supported a number of charities such as Make-A-Wish, American Diabetes Association, Dreamseekers, 50 Legs, The Special Olympics The Boys and Girls Clubs of America, and many more.

Hulk Hogan is one of the most requested celebrities in the world. Whether it's generating thousands of dollars whenever he appears for fundraisers, using his name and fame to generate interest in a cause he believes in or just making a young Hulkster's wish come true with a one on one meeting with the wrestling legend, his presence always leaves a positive impression on those around him. He truly is an American hero and a role model.

Terry Gene Bollea , better known by his ring name as Hulk Hogan, is an American retired professional wrestler, actor, television personality, entrepreneur, and musician. According to IGN, Hogan is "the most recognized wrestling star worldwide and the most popular wrestler of the 1980s".

Hogan began his professional wrestling career in 1977, but gained worldwide recognition after signing for World Wrestling Federation (WWF, now WWE) in 1983. There, his persona as a heroic all-American helped usher in the 1980s professional wrestling boom, where he headlined the first nine editions of WWF's flagship annual event, WrestleMania. During his initial run, Hogan also won the WWF Championship five times, with his first reign holding the record for the second-longest in company history. Additionally, he is the first wrestler to win consecutive Royal Rumble matches, winning in 1990 and 1991.

In 1994, he departed the WWF to sign for rival promotion World Championship Wrestling (WCW). Hogan subsequently won the WCW World Heavyweight Championship six times, and also holds the record for the longest reign in company history. In 1996, he adopted the villainous persona of "Hollywood" Hulk Hogan, leading the popular New World Order (NWO) stable. As a result, he became a major figure during the "Monday Night Wars", another boom of mainstream professional wrestling. Hogan also headlined WCW's annual flagship event Starrcade three times including the most profitable WCW pay-per-view ever at the event's 1997 edition.

He returned to WWE from WCW in 2002, and won the WWE championship for a sixth time, before departing in 2003. He was inducted into the WWE Hall of Fame in 2005, and will be inducted a second time in 2020 as a member of the NWO.[10]

Aside from those promotions, Hogan also performed for the American Wrestling Association (AWA), New Japan Pro-Wrestling (NJPW), and Total Nonstop Action Wrestling (TNA).

Continued on Page 53

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The Boys and Girls Club of America

Hulk Hogan

MODEL CITIZEN

He notably won the original IWGP Heavyweight Championship, and the northern and southern iterations of the NWA Southeastern Heavyweight Championship outside WWE.

During and after wrestling, Hogan had an extensive acting career, beginning with his 1982 antagonist role in Rocky III. He has starred in several movies (including No Holds Barred, Suburban Commando and Mr. Nanny) and three television shows (Hogan Knows Best, Thunder in Paradise, and China, IL), as well as in Right Guard commercials and the video game, Hulk Hogan's Main Event. He was the frontman for The Wrestling Boot Band, whose sole record, Hulk Rules, reached #12 on the Billboard Top Kid Audio chart in 1995.

While Hulk Hogan is a world wide phenominon and the most reqeusted personality on the Make A Wish Foundation charity, he is best known for his philantrhopy with the boys and girls clubs of America and here on Long Island for his support of the Pinktie 1000 charity.

Hulk came to Long Island in support of the Pinktie.org charity with the intention of supporting and raising funds for both Stony Brook Children's Hospital and the Boys and Girls Club of America. During Hulk's interview he expressed tremendous gratitude to the Boys and Girls Club of America sharing that his life was at a fork in the road so to speak and he could go in either one of two directions, the wrong direction like his brother chose, or the right direction which would be one where he would get off the streets and into more ogranizzed sports and recreation at the Boys and Girls Club of America in his small but rough town.

"The guidance is what I really needed. It was when I was just a young man that I knew my life was going to go in one of two directions, it was because of my introduction to the boys and girls clubs that it went in the right direction."

-Hulk Hogan

John Joseph Dowling Jr.

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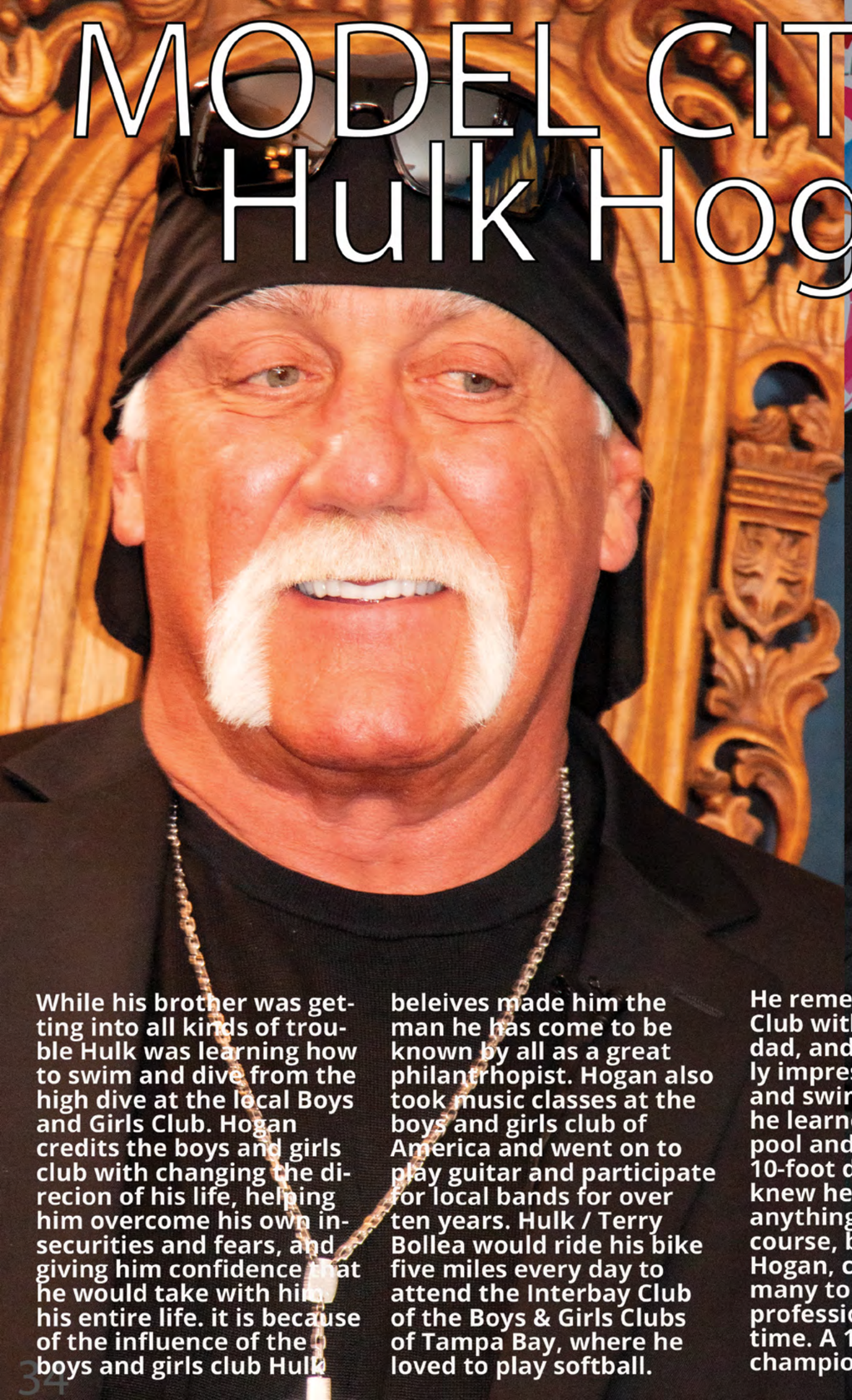
JASON MARTELLO MODEL CITIZEN

There's no question that these are truly "apocalyptic times" from the corona virus to the riots and looting going on throughout the US, no one could have ever seen this coming. Well than again it did not take more than listening to some of your friends who were living paycheck to paycheck or client to client long before this corona virus hit to know that maybe as a country we were skating on thin ice. From spending like the economy was going to be a long term boom to those never really ever recovering from the economic "great recession" of the 2008 timeline. One could say if you are in this game long enough that it is no game, that the rug can be pulled out from underneath you no matter how successful you are at anytime. Despite the advances in just about everything and the insurances many of us take out, you just can not take out insurance for shutting the new world down completely for months! No one could have predicted this!

So it comes as no surprise to me that I am going from business meeting, to walks in nature in between (even in my suit) waiting for the next opportunity to reboot. Yes New York is finally rebooting after months of quarantine and mayhem. Never did I ever think that we would be here, nor that I would be working full time helping others with my JAMHANDY power washing and handyman business (I started when I was just a teenager). Prior to the coronavirus I barely had any time to do much anything else but run M&M Social

MODEL CITIZEN
Hulk Hogan



While his brother was getting into all kinds of trouble Hulk was learning how to swim and dive from the high dive at the local Boys and Girls Club. Hogan credits the boys and girls club with changing the direcion of his life, helping him overcome his own insecurities and fears, and giving him confidence that he would take with him his entire life. it is because of the influence of the boys and girls club Hulk beleives made him the man he has come to be known by all as a great philantrhopist. Hogan also took music classes at the boys and girls club of America and went on to play guitar and participate for local bands for over ten years. Hulk / Terry Bollea would ride his bike five miles every day to attend the Interbay Club of the Boys & Girls Clubs of Tampa Bay, where he loved to play softball.

He remembers touring the Club with his mom and dad, and being immediately impressed by its library and swimming pool. When he learned to swim in that pool and dive from its 10-foot diving board, Terry knew he could achieve anything in life. Terry, of course, became Hulk Hogan, considered by many to be the greatest professional wrestler of all time. A 12-time world champion, the Hulkster was known for iconic performances and the legions of "Hulkamaniacs" who followed him. In 1982, Hulk began a successful acting career when he was cast in "Rocky III." He has also starred on TV, including the series "Thunder in Paradise" and "Hogan Knows Best."

MODEL MAGAZINE CITIZENS JULY 2020

MODEL CITIZEN

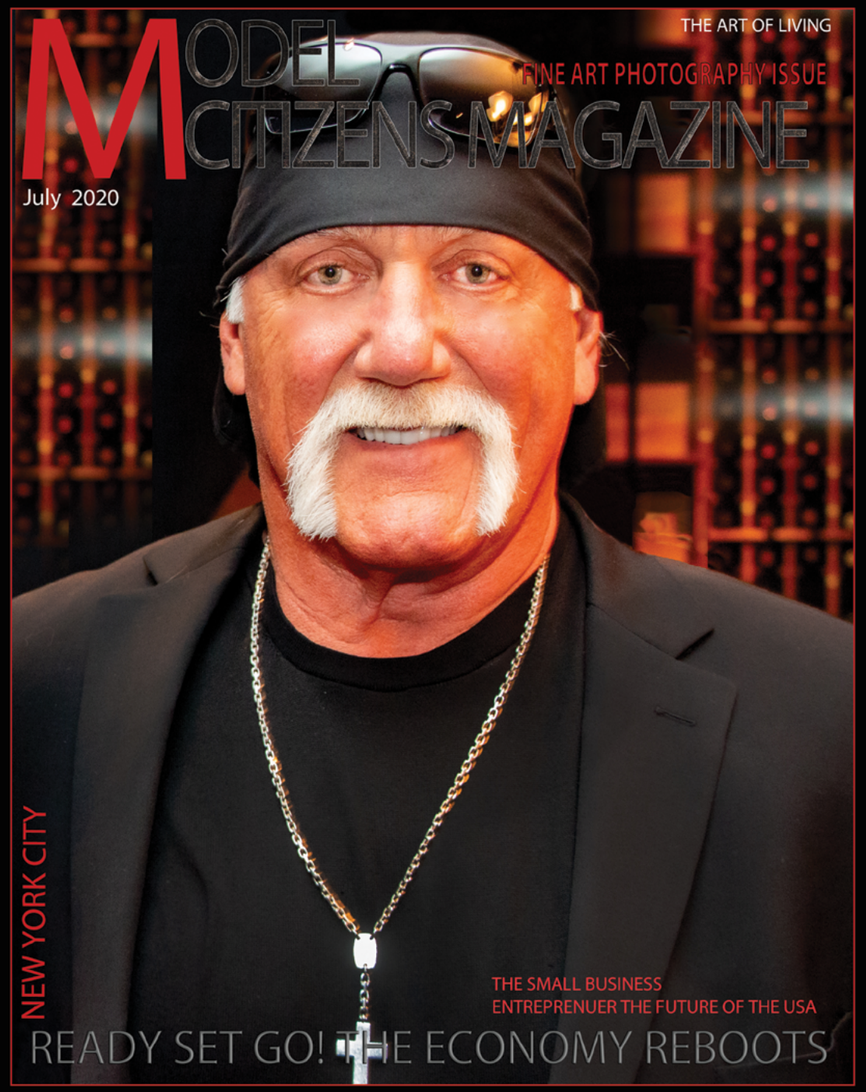
Hulk Hogan

I first met Hulk Hogan when I was at the pinktie.org gala and Hulk agreed to take photographs for the VIP members. The photographer that was supposed to shoot the event did not have a back up camera and although he was a volunteer, he was not really equipped to take hundreds of photographs at a step and repeat as quickl as was needed, on top of that his camera was damaged so it was no working corretly. So I offered to help and photograph Hulk with the VIP members and abiled out the photographer who was feeling rather nervous when the line started to grow. I photographed Hulk with a few hundred people and then was given some one on one time with Hulk while he iced his knee and if you know Hulk you know that he has really bad knees from all the years of romping around in the ring.

We spoke about his passion for helping raise money for charity and his dedication to the Boys and Girls clubs of America, as well as his amazing carreer. He went on to sign hundreds of photos, ties, memorabelia, and eventually just ran out of steam after a long day of giving.

HULK HOGAN'S DEDICATES HIS TIME TO CHARITY

MODEL CITIZENS MAGAZINE FINE ART PHOTOGRAPHY ISSUE



I am sure that the few hundred thousand we raised for the Stony brook children's hospital will make a huge difference and the fifty or so thousand we gave to the Boys and Girls Club's of America will do a tremedous amount of good for all of those children who now must seem lost with everything that is going on. Think about that for a moment! Imagine being a child

In today's world with plagues ravaging the planet, the economy demolished, cops killing unarmed civilians of color, riots and looting in cities around the country. I know as an adult it is not only disturbing it is unreal, I could not imagine having a young child and trying to explain what is happening across the country in today's world. Hopefully the Model Citizens like Hulk Hogan

who dedicate so much of their time giving will continue to give of themselves now. Hulk Hogan is always on the lookout to aid in whatever cause that he feels he can lend a hand to. Whether it be a well known foundation like Make-A-Wish or the American Diabetes Association, or smaller contributions like giving to needy individuals Hulk Hogan is always ready to lend a helping hand to those less fortunate than himself.

2020 ELECTION BIDEN OR TRUMP?

AMANDA COLANDRO

Well I guess we all could say that the pandemic, social isolation, protests, riots, looting, has kept us all busy with what's going on in the world these days. So much so that many of us are not reading about, or even paying attention to the upcoming election, but they are only months way. One could argue that we really re not having an election, we are taking one old goat and offering him up as a sacrificial lamb to the Trump Campaign machine who seems to be as slipery / spin capable as any poltical election team comes. I mean think about it. POTUS is a moron at times but he is equally as brilliant at least in his administration managing the economy. That being said, ' we are not really voting on whether we want trump as president any longer with his antics, bullying, and name calling or do we want anyone else but POTUS? As that is really what we are voting for. I think everyone knows both of these old dudes were great in their own decades but they are long past the demands of the presidency. At least now again we are seeing more of what goes on behind the walls of the white house with Bolton's new book. And yes it is a BOMSHELL. Wait until you read it, as once you do, you get it, Biden could very well win the presidency by default, and maybe that is what he has been banking on the entire time, I don't have to win, I just have to let TRUMP lose. Let him burry himself. How? Let people read the book that was obvioiusly printed now as a political propoganda piece, but a true one. Sure seems to be an honest account of what happened as no one could make this shit up, or did he? We are talking about a president who literally acts as if he is a dictator, no matter what happens, he just does what ever he wants. For personal gain as well.

In his new book, John R. Bolton, the former national security adviser, describes instances when the president sought to halt criminal inquiries. He also says President Trump's loyalists mocked him behind his back. AND THIS IS ONLY THE BEGINNING of the book by Bolton! You know it has to be true or he could never print it. He would lose everything. Ok, so it gets better from here. the former national security adviser, says in his new book that the House in its impeachment inquiry should have investigated President Trump not just for pressuring Ukraine but for a variety of instances when he sought to use trade negotiations and criminal investigations to further his political interests.

Bolton describes several episodes where the president expressed a willingness to halt criminal investigations "to, in effect, give personal favors to dictators he liked," citing cases involving major firms in China and Turkey. "The pattern looked like obstruction of justice as a way of life, which we couldn't accept," Mr. Bolton writes, saying that he reported his concerns to Attorney General William P. Barr. THIS WOULD MEAN IF TRUE THAT BOTH BARR AND TRUMP WOULD GO! How could anyone

BLACK LIVES MATTER

Not only is the world outrages but the world finally woke up and started supporting the movement to end this racism in the police forces. As everyone has seen by the countless hours of coverage by the major news networks, protests broke out all over the USA in every city and every town from NYC to LA.

Not only are demonstrations and protests going on in the major cities but also right in our own neighborhoods. Protests around the country and the world in both major cities and in the small towns that support the effort to end this permanantly!

It is a shame that a criminal element in the form of looters and riotors had to invade these mostly peaceful protests as it took away from the validity of the protests and some say it was an attempt to sabotage the protests by outsid influencers, radical terrorist groups, and other countries looking to disturb our elections. (I know what elections)

But even with the rioting and looting American's are not looking the other way this time around. We have seen this go on for way too long in the criminal justice system. There has

"

to be a more humane and civil way of providing enough opportunities for poor and lower income families that these types of situations just stop occuring in the backyards of the poor ever again. While defunding the police departments seems radical, how radical does it seem when you watch a cop kill another human being for no good reason at all? Why would anyone do such a thing, never mind a police officer?

Where are the pycological tests that must be done on police officers before they become police officers? And where is the justice in

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It was a beautiful sunset on a Friday night, and we had all just gotten out of COVID-19 jail. As we unwrapped the dresses and tried them on for the first time, we knew that shooting at a castle would be an incredible experience. For me, it was a very special time as after months of delays due to COVID we were finally photographing my new SCULPTUR-A® dresses, and even better, at the most exquisite location Long Island, NY has to offer, the Oheka Castle Gardens and Library.

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ROBERT ZABBIA MODEL CITIZEN

MODEL MAGAZINE
CITIZENS JULY 2020

We can't go a day without hearing about the tragic loss of lives, like George Floyd, Breonna Taylor, and many others. With George Floyd, we had a situation where everyone agreed the man didn't deserve to die. What his past may have been, why he was being detained, none of it mattered. He didn't deserve to die, and even police officers across the country condemned his needless death.

There were protests, many police officers across the country marched along side them. It was a beautiful thing. But then came the people who couldn't pass up an opportunity to cause anarchy. There are reports of white supremacists, ANTIFA, and groups I never heard of starting riots, destruction, and hurting the very people who were finally getting recognition of the plight of African Americans in our society. The lawlessness took over New York City, Seattle and even Washington DC. Calls to defund the police rang out.

But then the police pulled out. The abandoned communities by order of their political leaders. That only caused more death and destruction, and "protesting zones" where residents are being forced out of their own communities. Businesses are leaving these communities, and nothing good can come of that.

Do we need police reform? Definitely. New strategies need to be developed that are less lethal. Racial tensions need to be addressed, and the police need to become part of the communities. It is working in Newark, and many other communities. It will take both sides coming together to make this work. We must overcome the distrust the communities have of the police. It isn't just defunding the police, it is rebuilding the communities, with everyone doing their part.

Our police officers see the absolute worst of society; they see the terrible crashes, crimes committed and disasters. When catastrophe hits, they don't get to run away from the danger, they end up running right toward it to protect others. They don't work a regular shift like much of working America; and they often work endless shifts until their work is done. They get called into work at all hours, and they cannot ignore the call because the community cannot go without protection.

When emergencies arise, the first ones to help are often off duty police officers when they are simply going about their daily lives. While other Americans spend the holidays with their families, our men and women in uniform don't always get to take the day off. They say goodbye to their families each day like everyone else, except they don't know for sure if they will make it home.

Some of these men and women end up giving their lives protecting their communities from harm, giving the ultimate sacrifice to the profession of law enforcement.

These sacrifices often go ignored and unnoticed. Law enforcement and first responders are truly some of the most honorable members of society. Their dedication to serve their communities regardless of the cost is one of the most admirable actions that one could take. They bravely serve their communities day after day, often without receiving any form of a "thank-you." Being part of the board of our Chamber of Commerce, we make sure that we recognize our police and firefighters who go beyond the call of duty every year at a luncheon. The appreciation for a plaque and citations from local officials means so much to them. In my family we have several who have served or currently do serve in some arm of law enforcement.

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Mr. Bolton also adds a striking new accusation by describing how Mr. Trump overtly linked tariff talks with China to his own political fortunes by asking President Xi Jinping to buy American agricultural products to help him win farm states in this year's election. Mr. Trump, he writes, was "pleading with Xi to ensure he'd win." Mr. Bolton said that Mr. Trump "stressed the importance of farmers, and increased Chinese purchases of soybeans and wheat in the electoral outcome."

You would almost think that this is fake news but this is really in Bolton's book! The Justice Department went to court on Wednesday-the 17th, for the second time seeking to stop publication even as Mr. Trump's critics complained that Mr. Bolton should have come forward during impeachment proceedings rather than save his account for a $2 million book contract. A book contract that is now in jeapordy, well at least the two million Bolton is supposed to get is now at risk, as is Bolton's freedom.

Now this is all hearsay right? Or is it? This is the first tell-all memoir by such a high-ranking official who participated in major foreign policy events and has a lifetime of conservative credentials. It is a withering portrait of a president ignorant of even basic facts about the world, susceptible to transparent flattery by authoritarian leaders manipulating him and prone to false statements, foul-mouthed eruptions and snap decisions that aides try to manage or reverse.

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ERIKA DUGAS

Model Citizen

MODEL MAGAZINE CITIZENS JULY 2020

I first met Erika online when somehow we became friends on social media. What I First noticed about Erika is her beautiful eyes and later found out that the rest of Erika is just as beautiful. Erika is a nurse and spends the majority of her life taking care of others.

While in Lithuania before Erika came to the US she was a nurse practicioner. Erika became a US citizen in 2012 and loves the people, the culture, and will always call the US home.

Erika is a kind and dedicated family member and shares much of her life with her family whenever travel allows. Erika is planning on visiting again soon in August possibly and both her and all of her friends and family in Lithuania are equally as excited anticipating when flights will again allow them to reconnect.

Erika is single for the first time in a long time and is looking forward to her next chapter of love. She is certain that her soulmate is out there looking for her as she looks for him.

Erika is your classic hopeless romantic who knows as much as she looks for him, that he will probably find her first. It always warms my heart when I hear that and of course Erika warms most peoples hearts whom she knows. While many were taking a "Coronavirus Vacation" and qaurentining, Erika continued as a essential worker supporting her clients and putting herself at risk. Erika is a caregiver and model citizen and her story heartwarming. We will share more about Erika in future issues. Stay tuned.

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WHAT ABOUT CHINA?

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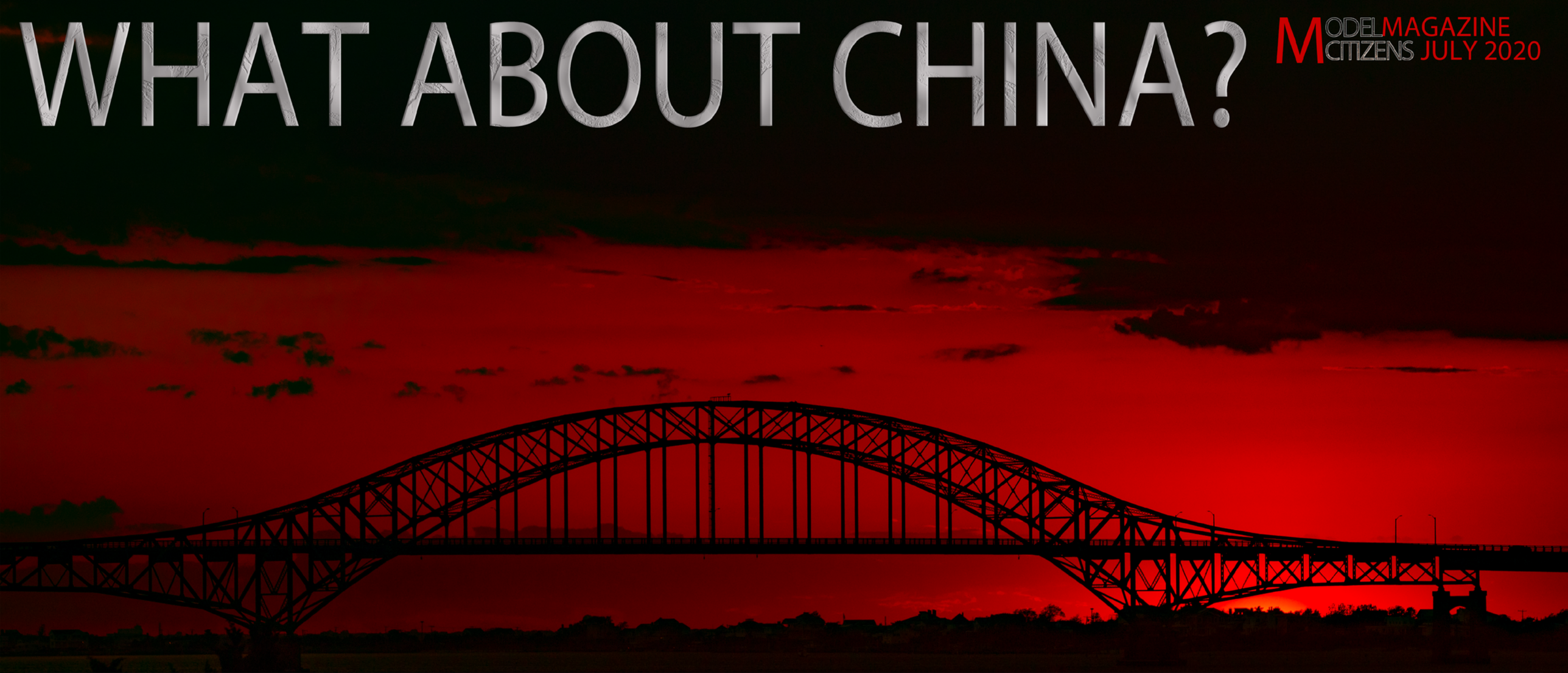


If you are my age then you know that China was always a very mysterious country when the U.S. first opened up diplomatic ties with China. We were just children but it made headlines and everyone thougtht wow over a billion people opening thier markets to us. What we really never considered is that by outsourcing the greater part of our manufacturing to China to save money, basically buying labor cheaper, would put us as a country at risk. The size of the market and open trade meant more to us than any roseaable risk. Certainly we were too large of an economy to ever think a bunch of tech savvy "comunists" would ever become actual "competitors for world leadership " and the power that comes with that designation. For the most part we now realize that by outsourcing so much of our manufacturing, we even put our country at risk. Even our pharmaceutical and over the counter drug manufacturing is now almost completely dependent on manufacturing in China. I always say that you never really know who your friends are until you make a mistake, or basically screw up big. Because your real friends stand by you and you forgive and move on. But what about this so called threat from China to lay off of the China bashing (calling the Covid19 Virus the Chineese Virus.) or else no medications? That did not seem to go over to well with the Chinese goverment, but in reality it is true. Virus's are named after the place the originate from, expecially global panddemics. And if you have been falling the story from the beginning, China delayed reporting this for way much longer than they should have and it is fairly clear that the World Health Organization was bought off with the billion dollar comitment of funds. More than likely the Quid Pro Quo China was looking for when the WHO undereported the real dangers, certainly not reporting them real time as you would expect with a new virus. So we now know that to manipulate our own goverments communications , China will threaten retalitation for honest reporting. I certainly never want to see a day in our future where our own goverment does the same, even worse blacks us out completely. While there is a ton of fake news and bad press, together as a journalistic team all of the issues seem to be presented, but just like Fox versus CNN The left leaning organizations from small to large will always share the story one way, and the right leaning conservative another way. Seems China's dialogue will now be very contrary to that of the U.S. It really does not take much more to see that China is attempting along with Russia (who fear our military power) are engaged in a new cold war on social media and cyber space. Yes we are in a cold war with China and a trade war. Let's hope that a billion plus people realize that they will get more from us by working with us than against us. We need to stop fighting amongst our selves and face the real competitor together, China.

In the United States, the income gap between the rich and everyone else has been growing markedly, by every major statistical measure, for more than 30 years. Income includes the revenue streams from wages, salaries, interest on a savings account, dividends from shares of stock, rent, and profits from selling something for more than you paid for it.

Unlike wealth statistics, income figures do not include the value of homes, stock, or other possessions. Income inequality refers to the extent to which income is distributed in an uneven manner among a population. Income disparities are so pronounced that America's top 10 percent now average more than nine times as much income as the bottom 90 percent, according to UC Berkeley.

Americans in the top 1 percent tower stunningly higher. They average over 39 times more income than the bottom 90 percent. But that gap pales in comparison to the divide between the nation's top 0.1 percent and everyone else. Americans at this lofty level are taking in over 196 times the income of the bottom 90 percent. The U.S. income divide has not always been as vast as it is today. In response to the staggering inequality of the early 1900s, social movements and progressive policymakers fought successfully to level down the top through fair taxation and level up the bottom through increased unionization and other reforms. But beginning in the 1970s, these levelers started to erode and the country returned to extreme levels of inequality. The ratio between the top 0.1 percent and the bottom 90 percent reached early 1900 levels in the years preceding the 2008 financial crisis. Over the past five decades, the top 1 percent of American earners have nearly doubled their share of national income.

Meanwhile, the official poverty rate for all U.S. families from the Census Bureau has merely inched up and down. The official poverty rate understates the number of people in the world's richest country who have trouble making ends meet. An estimated 40 percent of the total U.S. population (ONE HUNDRED AND FORTY MILLION PEOPLE)

WEALTH INEQUALITY IN AMERICA JOHN JOSEPH DOWLING JR.

are either poor or low-income. The nation's highest 0.01 percent and 0.1 percent of income-earners have incomes that rise much faster than the rest of the top 1 percent in recent decades. Both of these ultra-rich groups saw their incomes drop immediately after the financial crashes of 1929 and 2008, but they had a much swifter recovery after the more recent crisis. The Congressional Budget Office defines before-tax income as "market income plus government transfers," or, quite simply, how much income a person makes counting government social assistance. Analysts have a number of ways to define income. But they all tell the same story: The top 1 percent of U.S. earners take home a disproportionate amount of income compared to even the nation's highest fifth of earners. Most data indicate that the top 1 percent earns 85 times as much as the bottom 20 percent.

Since 1979, the before-tax incomes of the top 1 percent of America's households have increased more nearly seven times faster than bottom 20 percent incomes. The Congressional Budget Office defines after-tax income as "before-tax income minus federal taxes." After taxes, top 1 percent incomes were already increasing faster than for other Americans. This gap will likely grow even wider as a result of the 2017 Republican tax cuts, which disproportionately benefit the wealthy. The richest 1 percent of Americans are expected to receive 27 percent of the benefits of the tax cuts in 2020. The higher the U.S. income group, the larger the share of income derived from investment profits. By contrast, Americans who are not among the ultra-rich get the vast majority of their income from wages and salaries. This disparity has contributed significantly to increasing inequality because of the preferential tax treatment of long-term capital gains. Currently, the top marginal tax rate for the richest Americans is 37 percent, while the top rate for long-term capital gains is just 20 percent.

Between 1979 and 2007 paycheck income for those in the richest 1 percent and 0.1 percent exploded. The wage and salary income for these elite groups dipped after the 2008 financial crisis but recovered relatively quickly. Between 2009 and 2018, the bottom 90 percent had wage growth of just 6.8 percent, compared to 19.2 percent for the top 0.1 percent. Productivity has increased at a relatively consistent rate since 1948. But the wages of American workers have not, since the 1970s, kept up with this rising productivity. Worker hourly compensation has flat-lined since the mid-1970s, increasing just 24 percent from 1979 to 2018, while worker productivity has increased 134 percent over the same time period.

One factor in the widening income divide is the decline of U.S. labor unions. As the share of the workforce represented by a unions declined to less than 11 percent since their peak in the 1940s and 1950s, those at the top of the income scale have power to rig economic rules in their favor, further increasing income inequality. Men make up an overwhelming majority of top earners across the U.S. economy, even though women now represent almost half of the country's workforce. Women comprise just 27 percent of the top 10 percent, and their share of higher income groups runs even smaller.

WEALTH INEQUALITY IN AMERICA JOHN JOSEPH DOWLING JR.

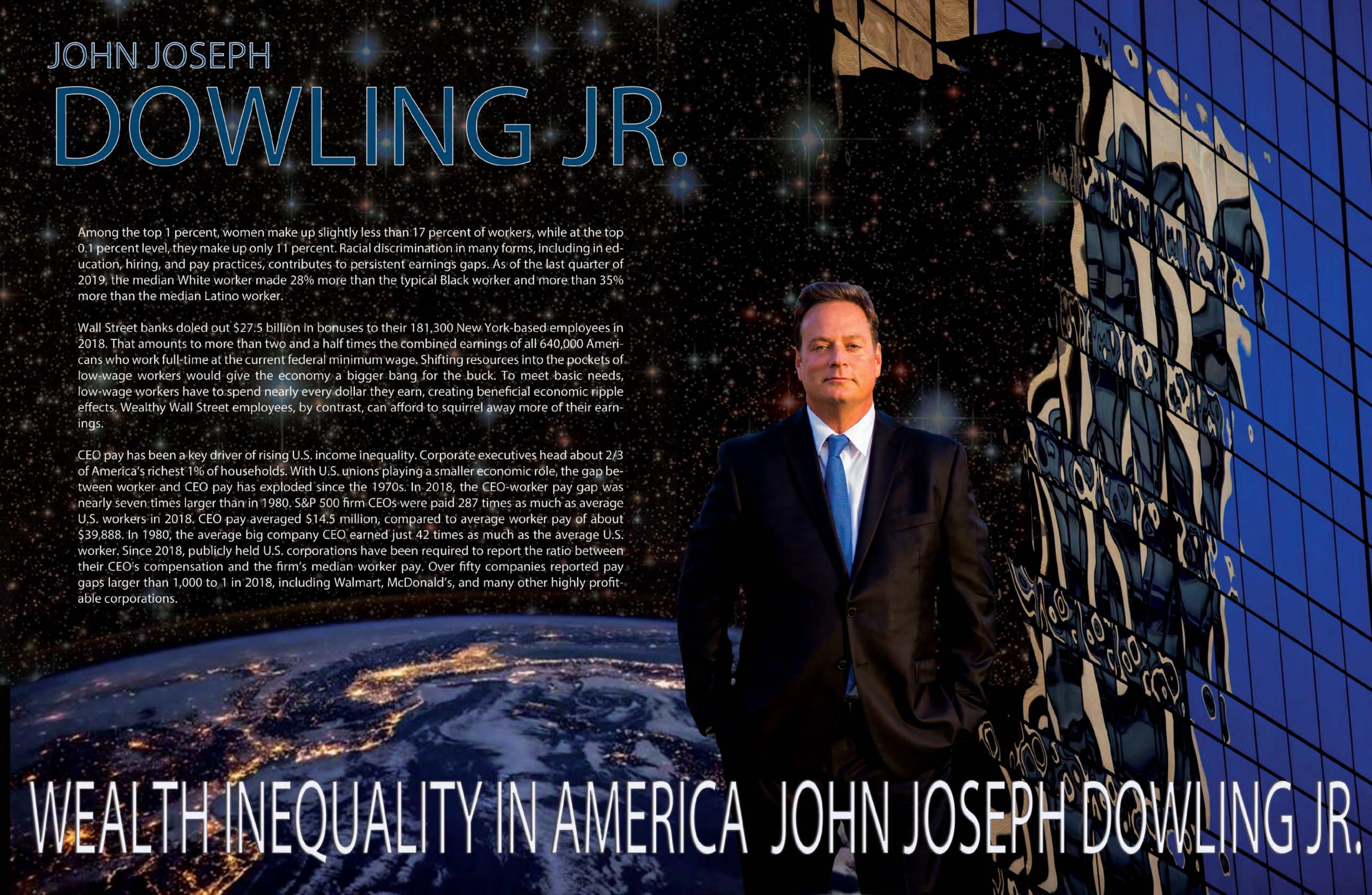
JOHN JOSEPH

DOWLING JR.

Among the top 1 percent, women make up slightly less than 17 percent of workers, while at the top 0.1 percent level, they make up only 11 percent. Racial discrimination in many forms, including in education, hiring, and pay practices, contributes to persistent earnings gaps. As of the last quarter of 2019, the median White worker made 28% more than the typical Black worker and more than 35% more than the median Latino worker.

Wall Street banks doled out $27.5 billion in bonuses to their 181,300 New York-based employees in 2018. That amounts to more than two and a half times the combined earnings of all 640,000 Americans who work full-time at the current federal minimum wage. Shifting resources into the pockets of low-wage workers would give the economy a bigger bang for the buck. To meet basic needs, low-wage workers have to spend nearly every dollar they earn, creating beneficial economic ripple effects. Wealthy Wall Street employees, by contrast, can afford to squirrel away more of their earnings.

CEO pay has been a key driver of rising U.S. income inequality. Corporate executives head about 2/3 of America's richest 1% of households. With U.S. unions playing a smaller economic role, the gap between worker and CEO pay has exploded since the 1970s. In 2018, the CEO-worker pay gap was nearly seven times larger than in 1980. S&P 500 firm CEOs were paid 287 times as much as average U.S. workers in 2018. CEO pay averaged $14.5 million, compared to average worker pay of about $39,888. In 1980, the average big company CEO earned just 42 times as much as the average U.S. worker. Since 2018, publicly held U.S. corporations have been required to report the ratio between their CEO's compensation and the firm's median worker pay. Over fifty companies reported pay gaps larger than 1,000 to 1 in 2018, including Walmart, McDonald's, and many other highly profitable corporations.



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NASA INVITES MEDIA TO LAUNCH OF MARS 2020 PERSEVERANCE ROVER

MODEL CITIZENS MAGAZINE
FINE ART PHOTOGRAPHY ISSUE

NASA's Mars 2020 Perseverance rover, designed to better understand the geology of Mars and seek signs of ancient life on the Red Planet.

The mission will use the robotic scientist, which weighs just under 2,300 pounds and is the size of a small car, to collect and store a set of rock and soil samples that could be returned to Earth by future Mars Sample Return missions. It also will test new technology to benefit future robotic and human exploration of Mars.

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DUNE ROAD WEST HAMPTON

Lydiane Interdonato

As an interior designer I seek inspirations from settings, which elicit and induce my creativity. Nature flourishes in the Hamptons. Surrounding myself among the beauty that permeates the Hamptons is engulfing and inspires me to create a harmonious oasis for my client's summer home retreats. I fancy utilizing color palettes that are representational of nature's elements. The subtleness of blues and earthy greens, in conjunction to the vibrancy of the pinks, purples, and oranges you would see in a luminous sunset.

Hamptons Inspired Designing Long Island

WE NEED TO SUPPORT OUR POLICE

Many a times we had an empty seat at a holiday dinner table for them, and yet the didn't complain. I have friends and clients who serve, and they pride themselves on being part of the community and helping people. They are all a special breed.

I was taught by my father that in every interaction with a police officer, that I was to show them respect, and understand that they are just doing their job. It was always yes officer, and how can I help you

officer. Having an Uncle who served in the South Bronx in the seventies, I saw firsthand how being in a dangerous neighborhood could affect our men and women in uniform. It made me appreciate that they are just like you and me, with families that they want to come home to, and put their lives at risk every day.

We now live in a world in which wearing the badge can get you killed, which is a very sad reality. In this year we have already lost 110 police officers being killed in the line of duty. Last year we lost 147, and we are almost at that number by the 4th of July. That is communities will mourn the death of a citizen who went beyond a normal call to serve.

These statistics are sobering and should be a constant reminder to thank and support our police officers and first responders. A great majority of our men and women in uniform truly want to serve their communities and make them safer for us all. This is often sadly forgotten.

Lydiane Interdonato

MODEL MAGAZINE CITIZENS JULY 2020

I favor utilizing monochromatic bases of pristine whites, beiges, and grays while simultaneously accentuating with pops of color. Integrating my affection for the splendor of Mother Nature's glorious beaches and flaxen blond sand conjures many of my summer home design ideas.

From an architectural perspective the Hampton's indubitably lures ones affinity for the many towns that encompass the east end. There is a plethora of beautiful homes with the profusion of splendid architecture of various style homes.

Hamptons Inspired Designing Long Island

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Annijamila Qvist

MODEL MAGAZINE
MODEL CITIZENS JUNE2020

Annijamila Qvist is in **Sag Harbor, New York**.
10 hrs ·

6 months of waiting and fighting to get these pills targeting my aggressive gene mutation. A big moment and milestone to finally hold them in my hands and also a big proof that when the going gets tough, you get tougher. 💪

❤️

Don't take NO for an answer when you believe in something!!! Listen to your intuition, your gut feeling, it is there to guide you and assist you no matter where you are in your life. Take a moment to really feel yourself and hear what it is saying and then go for it!!!

❤️

For those who have followed me on my Love Journey knows it has cost me a lot of sweat, blood and tears, rejection from doctors and sleepless nights to make it happen and even two articles and a video in the Danish newspaper trying to help me get these pills.

❤️

So the relief of finally holding them in my hand is beyond incredible but unfortunately I have to wait a little longer as the chemo damaged parts of my colon and I now need an urgent colonoscopy this Tuesday and hopefully not long after finally start my targeted treatment. **#nevergiveup #annislovejourney #cancer #ididit** I

MODEL CITIZEN

Lydiane Interdonato

MODELMAGAZINE CITIZENS JULY 2020

You have the iconic Hampton shingle style homes, spectacular modern homes encased with floor to ceiling glass windows with conjoining mesmerizing indoor outdoor spaces. The beauty is in the traditional elements that make the Hamptons iconic yet the integration of differentiation in various style homes that are diverse in aesthetic but complementary to the surrounding beauty of the area. It is a spectacular place.

Hamptons Inspired Designing Long Island

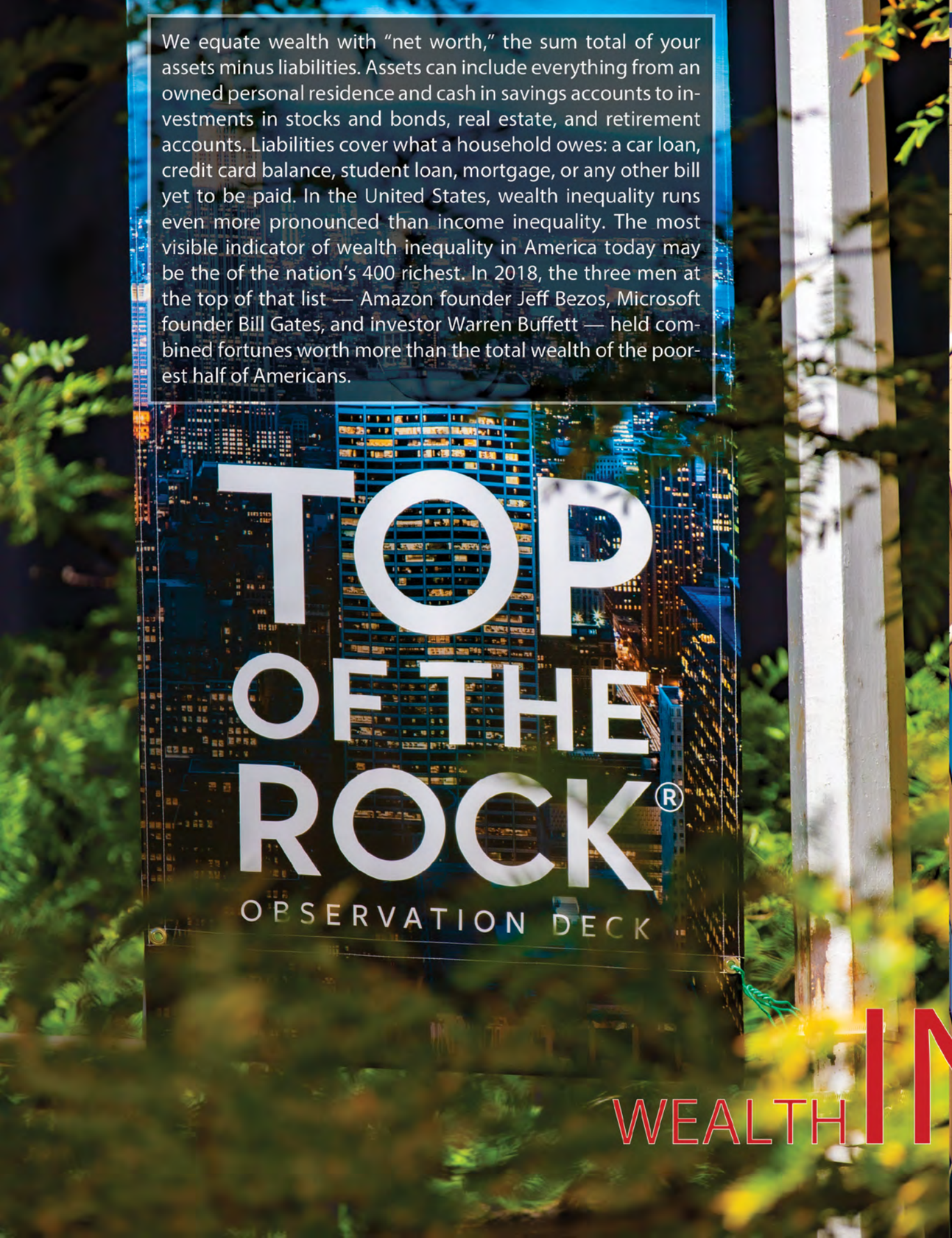
SCULPTURA

In this version of SCULPTURA's® sophisticated shapewear dress that both shows Madison's figure and allows her to glow as Madison makes her grand entrance onto set. Our own Long Island royalty Madison is totally feeling the love because she knows that it is moments like these that will continue to build her career, one opportunity at a time.

Lidia Szczepanowski

SCULPTURA

We equate wealth with "net worth," the sum total of your assets minus liabilities. Assets can include everything from an owned personal residence and cash in savings accounts to investments in stocks and bonds, real estate, and retirement accounts. Liabilities cover what a household owes: a car loan, credit card balance, student loan, mortgage, or any other bill yet to be paid. In the United States, wealth inequality runs even more pronounced than income inequality. The most visible indicator of wealth inequality in America today may be the of the nation's 400 richest. In 2018, the three men at the top of that list — Amazon founder Jeff Bezos, Microsoft founder Bill Gates, and investor Warren Buffett — held combined fortunes worth more than the total wealth of the poorest half of Americans.



WEALTH INEQUALITY

MODEL CITIZEN NYC

WEALTH INEQUALITY

In 1982, the "poorest" American listed on the first annual Forbes magazine list of America's richest 400 had a net worth of $210 million in today's dollars. The average member of that first list had a net worth of $600 million. Over the past three decades, America's most affluent families have added to their net worth, while those on the bottom have dipped into "negative wealth," meaning the value of their debts exceeds the value of their assets. The rich don't just have more wealth than everyone else. The bulk of their wealth comes from different more lucrative asset sources. America's top 1 percent, for instance, holds more than half the national wealth invested in stocks and mutual funds. Most of the wealth of Americans in the bottom 90 percent comes from their homes, the asset category that took the biggest hit during the Great Recession. These Americans also hold more than three-quarters of America's debt.

Inequality has been on the rise across the globe for several decades. Some countries have reduced the numbers of people living in extreme poverty. But economic gaps have continued to grow as the very richest amass unprecedented levels of wealth. Among industrial nations, the United States is by far the most top-heavy, with much greater shares of national wealth and income going to the richest 1 percent than any other country. The world's richest 1 percent, those with more than $1 million, own 44 percent of the world's wealth. Their data also shows that adults with less than $10,000 in wealth make up 56.6 percent of the world's population but hold less than 2 percent of global wealth. Individuals owning over $100,000 in assets make up less than 11 percent of the global population but own 82.8 percent of global wealth. "Ultra high net worth individuals" the wealth management industry's term for people worth more than $30 million hold an astoundingly disproportionate share of global wealth. These wealth owners held 7.2 percent of total global wealth, yet represent only a tiny fraction (0.002%) of the world population. The world's 10 richest billionaires own $801 billion in combined wealth, a sum greater than the total goods and services most nations produce on an annual basis. Those with extreme wealth often accumulated their fortunes on the backs of people around the world who work for poor wages and under dangerous conditions.

Since 1980, the share of national income going to the richest 1 percent has increased rapidly in North America (defined here as the United States and Canada), China, India, and Russia and more moderately in Europe. World Inequality Lab researchers note that this period coincides with the rollback in these countries and regions of various post-World War II policies aimed at narrowing economic divides. By contrast, they point out, countries and regions that did not experience a post-war egalitarian regime, such as the Middle East, sub-Saharan Africa, and Brazil, have had relatively stable, but extremely high levels of inequality. Rapid economic growth in Asia (particularly China and India) has lifted many people out of extreme poverty.

But the global richest 1 percent has reaped a much greater share of the economic gains. Although their share of global income has declined somewhat since the 2008 financial crisis, at more than 20 percent it is still much higher than their 16 percent share in 1980. Inequality has been on the rise across the globe for several decades. Some countries have reduced the numbers of people living in extreme poverty.

But economic gaps have continued to grow as the very richest amass unprecedented levels of wealth. Among industrial nations, the United States is by far the most top-heavy. The world's richest 1 percent, those with more than $1 million, own 44 percent of the world's wealth. Their data also shows that adults with less than $10,000 in wealth make up 56.6 percent of the world's population but hold less than 2 percent of global wealth. Individuals owning over $100,000 in assets make up less than 11 percent of the global population but own 82.8 percent of global wealth.

The United States has more wealth than any other nation. But America's top-heavy distribution of wealth leaves typical American adults with far less wealth than their counterparts in other industrial nations. Now with the coronavirus many Americans are fighting for their economic survival. Over thirty-million Americans have filed for unemployment and the economic outlook looks bleak. While there have been several stimulus packages most of that revenue will trickle up hill to the wealthiest American's as it seems that the purpose of that stimulus was not to help the middle class or the poor but to flow upstream protecting the wealthiest American's assets in the form of rent and mortgage payments. It is uncertain how a President can claim that he has built the greatest economy that the world has ever seen if the entire country is going bankrupt only a few weeks after as short shutdown. How can a country that claims to have the greatest economy the world has ever seen be in such dire straights with so many on unemployment when the rest of the world has not seen anything even close to this? Smoke and mirrors? Is the economy of the US built on smoke and mirrors? Is the quantitative easing artificially lifting the valuations of American companies to levels that are unsustainable with real world results and dividends? Are American's fed up with the wealth inequality and is that why so many American's are supporting radical solutions even supporting Bernie Sanders a known socialist? It just does not seem as if the American Dream is a dream anymore. With the mountains of debt most families have and the extremely low net worth of most American's it seems that the system is rigged so the rich keep getting richer and everyone else becomes a slave to the rich.

2020 ELECTION BIDEN OR TRUMP?

MODEL MAGAZINE CITIZENS JULY 2020

MODEL CITIZEN AMANDA COLANDRO

Mr. Trump did not seem to know, for example, that Britain was a nuclear power and asked if Finland was a part of Russia, Mr. Bolton writes. The president never tired of assailing allied leaders and came closer to withdrawing the United States from NATO than previously known. He said it would be "cool" to invade Venezuela.

When Mr. Xi explained why he was building concentration camps in China, the book says, Mr. Trump "said that Xi should go ahead with building the camps, which he thought was exactly the right thing to do." He repeatedly badgered Mr. Barr to prosecute former Secretary of State John F. Kerry for talking with Iran in what he insisted was a violation of the Logan Act.

In the face of such behavior, even top advisers who position themselves as unswervingly loyal mock Mr. Trump behind his back.

You would never thuink in a million years that a sitting president would be looking down the barrle of a smoking gun like a book like this. That may be the ONLY reason Biden agreed to run in the first place. But I am speculating now. As if anyone has to.

During the president's 2018 meeting with North Korea's leader, according to the book, Secretary of State Mike Pompeo slipped Mr. Bolton a note disparaging the president, saying, "He is so full of shit." A month later, Mr. Bolton writes, Mr. Pompeo dismissed the president's North Korea diplomacy, declaring that there was "zero probability of success."

Mr. Trump said so many things that were wrong or false that Mr. Bolton in the book regularly includes phrases like "(the opposite of the truth)" after some quote from the president.

And Mr. Trump in this telling has no overarching philosophy of governance or foreign policy, but rather a series of gut-driven instincts that sometimes mirrored Mr. Bolton's but other times were, in his view, dangerous and reckless.

"His thinking was like an archipelago of dots (like individual real estate deals), leaving the rest of us to discern — or create — policy," Mr. Bolton writes. "That had its pros and cons."

with all of that said, everyone knows that Bolton is a complicated, controversial figure. An official under Presidents Ronald Reagan and George Bush and George W. Bush's United Nations ambassador, Mr. Bolton has been one of Washington's most vocal advocates for a hard-line foreign policy, a supporter of the Iraq war who has favored possible military action against rogue states like North Korea and Iran. He is also bitter from his time serving with president Trump or at least most could assume that by the timing of the book.

Bolton used his 17 months in the White House to accomplish policy goals that were important to him, like withdrawing the United States from a host of international agreements he considered flawed, like the Iran nuclear accord, the Intermediate-Range Nuclear Forces Treaty and others. Mr. Bolton thought Mr. Trump's diplomatic flirtation with the likes of North Korea's leader, Kim Jong-un, and President Vladimir V. Putin of Russia were ill advised and even "foolish" and spent much of his tenure trying to stop the president from making what he deemed bad deals. He eventually resigned last September — Mr. Trump claimed he fired him — after they clashed over Iran, North Korea, Ukraine and a peace deal with the Taliban in Afghanistan. Mr. Bolton did not agree to testify during the House impeachment inquiry last fall, saying he would wait to see if a judge would rule that former aides like him should do so over White House objections. But after the House impeached Mr. Trump for abuse of power for withholding security aid while pressuring Ukraine to publicly announce investigations into Democrats, including former Vice President Joseph R. Biden Jr., Mr. Bolton offered to testify in the Senate trial if subpoenaed.

AMANDA COLANDRO

JASON MARTELLO MODEL CITIZEN

I was shocked when almost every client we had decided to put everything on hold. While I warned them that shutting down during this time would cost them, I never thought I would see so many entrepreneurs lose their leases and have to start completely over. Unfortunately, as I have learned closing is the plight of thousands of small business that did not have sufficient working capital reserves during the coronavirus outbreak. Then again who does? Don't most of us entrepreneurs need to take the profits from our business to pay for our lives?

For those of you that think six hundred federal dollars a month is a reason not to work, on Long Island and NYC you can not pay your mortgage with six hundred a week, never mind your food and expenses. For those of us who choose to live in this great state of New York we know that we pay a premium for living here. Somewhere in the old politicians minds they must realize that citizens living in Arkansas do not need the same amount of stimulus needed in New York, but when you are forced to react immediately you have to go with some concessions.

It certainly looks like we are going to have new coronavirus federal stimulus funds coming our way again as the re-opening of New York gets underway we see that the rest of the country is going head first into the worst of the corona virus outbreak, in many states outside of New York.

Here most of us chose to be very careful and to use our masks and socially distance ourselves. Yes it cost us, and many of us it cost us our business, but that may only be temporary if you know how to use social media and the Internet properly.

In a world where many questioned the need for social media marketing (especially during the coronavirus) it became completely apparent to even the doubters that social media is the way to create long term value and relationships in the virtual world that even transcends pandemics and protesting. Those of us who stuck it out with our campaigns and Internet Marketing efforts were able to continue to generate some revenues and we are the most prepared now to reboot our businesses as New York opens up again. But what about all of those businesses who put life on hold?

MODEL MAGAZINE CITIZENS JULY 2020

JASON MARTELLO MODEL CITIZEN

Well that's where M&M Social Media comes into play. While I did start my JAMHANDY business in the traditional way, and I am a traditional numbers guy when it comes to my accounting practice, when it comes to social media, I am anything but traditinoal .Then again, I do a ton of A B testing to demonstrate the value that our campaings provide showing hard numbers as justification for the expense, and what most of our clients figure out over time, we are not an expense, we are a revenue stream for every busienss that we work with. Yes as much as I love a great handyman opportunity the fact is that despite my willingness to get in there and get dirty (Dirty Jobs) while cleaning up others messes, the real value that my team brings to the table is consistant and tangible results. The numbers simply do not lie. They tell the story of everything we do and when you see more visits to your web sites and social media campaigns, you know that my teams unique campaigns and creativity is just as important as the numbers.

M&M Social Media does not only focus on justifying our efforts by backing the results with real world numbers, we also create world class campaings, world class multimedia content, and unique stories that transcend time and provide value on a long term basis. Even our efforts with SEO (search engine optimiztion) continue to provide value to our clients and of course our new ones as well. Unlike many large "commercial marketing firms" M&M Social media is available to our clients 24/7.

JASON MARTELLO MODEL CITIZEN

MODELMAGAZINE
CITIZENS JULY 2020

If we weren't great at what we do where do you think I would get all of my toys from? Believe me we have seen other marketing companies fail time and time again creating doubt in the entrepreneurs minds that social media and Internet marketing actually work! The fact is you really need to know what you are doing or you are just throwing good money after bad. Too many companies are going with freelancers and cheap alternatives seeing their marketing dollars eaten up and thrown away.

So many challenges face every small business these days. You shouldn't have to worry about effective SEO, Social Media Campaigns, Google Campaigns and great content. That should really be a given when you retain a professional social media marketing firm. So be careful out there as many companies claim to be social media guru's when in reality they are just trying to throw anything at that timeline that looks good without even A / B testing the campaigns first. (Go ahead and ask your marketing guru if they have ever ran A /B studies on any of the campaigns they setup for you). You may be surprised to find out that many marketing pros just have no clue when it comes to numbers, tangible results, and where the real work is done for social media and Internet marketing.

I hope and pray you are all well, and thank you for listening and allowing me the opportunity to share a bit about my thoughts and enthusiasm for M&M Social Media. Please message me for more information should you need help rebooting.

MODEL CITIZEN MAGAZINE JULY 2020 READY! SET! GO! ECONOMY REBOOT!

JAMES MANICONE MODEL CITIZEN

The bond that we create with our clients will transcend the project into lasting friendships. It will often times manifest into other projects, typically a residential project at their private home. The architectural industry is many things, but it is first and foremost a service oriented business.

At JM2 Architecture, we pride ourselves on the collaborative effort between ourselves, our client, the contractor and everyone else involved. We are on every project from inception to completion to ensure that every job, regardless of the size and scope, receives the highest level of attention and detail. Our one guiding principle is to deliver an unparalleled level of service to all of our clients. It is the basis for our success and it is at the core of who we are as an architectural firm.

$130 million dollars and took five years to complete. This project has, among many other features, its own sewage treatment facility, its own storm water recharge basin and it utilizes an open loop geo-thermal system that delivers 55 degree water to the HVAC systems to reduce energy consumption. As a result, this project achieved silver LEED status. This facility is a state-of-the-art manufacturing facility for specialty pharmaceutical products which is now the benchmark to which pharma facilities are designed.

One very special aspect of designing a building for someone is the relationship that we develop with our clients. To a client, a building or an expansion thereof represents continued growth and success on what was once only a dream or an idea at one point. To entrust us with the continuation of this dream is something we take very seriously. Their continued success is literally in our hands for the duration of the project until we are able to turn over the building to them so that they may continue to operate on this now larger scale.

Designing Long Island

ANARCHY IN AMERICA

Lawless anarchists and criminals infect rightous protests

While the protesteors on this page and throughout this issue who are supporting black lives matter have been completely respectful of the law, that is not the case for all of those protesting and its not just some politically funded radical group. It is easy enough to see for yourself with the hundreds of hours of news video and amature videos being posted all over the internet and the demonstrations in our own communities.

It seems that there are way too many people willing to use this opportunity to not only protest but also to loot and deface American cultural landmarks , statues, and even churches throughout our great country. It is a disgrace as the American People are simply not racists, at least not for the most part where I have traveled and lived throughout the country. So why are people running into retail stores and destroying them as they run out of them with boxes of sneakers, jewlery, an almost anything of value they can get their hands on?

The goal of the protests was to get the criminal justice system to treat Mr. Floyd's death as the crime that it was. Uniformed perpetrators of brutality, especially against African Americans, are rarely held to account. The goal, very simply, is justice. Not vengeance but justice.

But what about the coronavirus? Now the global total of coronavirus cases passed 10 million as countries around the world struggle to keep new infection rates from reaching runaway levels while simultaneously trying to emerge from painful lockdowns.? Aren't all of these protestors irresponsibly creating a worse situation than ever before for the spreading of the virus? And are they not leading even more radical looters and riotors to do more harm?

While I do not beleive that the same people protesting are the people who are looting and rioting, where are the rioters, looters, and vandals coming from? I think that happy, content, financially secure people simply would not take the chance of rioting and looting if they were not already at the end of their financial rope, maybe their emotional rope, but these rioters are all colors, white, black, everyone can see that. So where are they coming from and

What should be done about it? I personally believe it is an absolute disgrace to our country to allow lawlessness to continue. I do not care what the situation, criminal activity is criminal activiy. I do believe in what POTUS is doing on that front completely, at least when it comes to the vandelism of national monuments. Deploy the national guard and hit everyone of them up with a federal warrant. Then give them community service, and help them find a better path.

I am all for peaceful protests but I am not for allowing rioters to loot and vandalize in the name of justice, that is a disgrace. I even went to 3 huge protests and took thousands of photographs at each to document this place in Long Island History for generations to come. I beleive in the movement, but as a peaceful movement and one that will create permentant change. Too many people no matter what color are afraid of making mistakes and being locked up in what has become

Somewhat of a country where the police seem to generate business for lawyers and the courtooms they "support". Churn the legal files and create billions, hundreds of billions in legal work. At least that is the way many veiw the legal system in the USA now, especially minorities when it comes to criminal and immigration law. Not exactly a "friendly country" amore asking the world to send us their week and opressed, more like a country that is churning the criminal justice system creating $$$$$$ for themselves?

When will law and order be restored?

ANARCHY IN AMERICA

Lawless anarchists and criminals infect rightous protests

well maybe that is getting a bit conspere-cy theory..... So, I gather one has to ask themselves would change have come about without the looting, rioting, and vandelism? Or os all of that being spurred on by social media, the democratic party as suggested by most conservatives, or even perhaps China, North Korea, Russia, and even Europe looking to get rid of the Trump Presidency and to get in a more friendly "socialist party" demoncratic leader, Joe Biden? Sure looks like it to me and frankly when people are stretched , pist off, and get the opportunity, they will steel, loot, vandelize, and take rioting to an entirely new level. Think about what super packs would benefit from the oust-ing of an effective (albiet flawed) presi-dent who is renogotiating every deal with every country

In the world, shaking things up across the globe! While I think Black Lives Matter and that no one anywhere should have to live in fear, their are many factors going on here that simply have been and con-tinute to be issues The profitering off of the court systems (never mind family court and divorce court!) and targeting immigrants and people because of color. All this is telling us as a country, it's time to shake up our political system where we have people in power for decades. Keep people who are shaking the entire system "Deep State" to the core and re-building America, while also getting to the bottom of who is intentionally fuling an-archy!!

When will law and order be restored?

Lidia Szczepanowski Model Citizen

MODEL MAGAZINE CITIZENS JULY 2020

SCULPTURA®

Here Amanda, Chloe, Madison, Sharlene and Alexandria are all feeling the girl power as they relax at the far end of the reflecting pools in the one-of-a- kind stone and wrought iron gazebo. Many weddings take place at this impressive structure, so it is very spiritually moving for all of us to realize that we are hopeless romantics and in love with the thought of being in love as we shoot together.

What an amazing opportunity not only to showcase my new line of women's sculpt-it-your-way shapewear little black dresses, but also to shoot a fashion layout at the iconic Oheka Castle. Once we were all dressed and ready to go, we let Miss Long Island 2020, Madison Argandona, go first and she walked the runway out to the reflecting pools.

The runway of course were the magnificent lawns and stone staircases leading down to the gardens and statue lined paths throughout the formal landscape. The sun was simply perfect, low in the sky with the light golden reflecting off the ponds. The sound of the fountains made it even more romantic and the stone gazebo even more superb.

We all took turns striking poses individually and we posed together as our artist and photographer adjusted the compositions to perfection. We had a vast array of ladies present from Miss Long Island and Miss Long Island Teen 2020 to first time Model Citizens all modeling together celebrating being recognized for our philanthropic efforts and

at the same time allowing us all the opportunity to participate in a high fashion shoot with producer, photographer, and entrepreneur, John J. Dowling, Jr. On this page is Model Citizen Sharlene Jamison wearing the "Electra" tank style SCULPTURA® Shapewear dress while standing Long Island Strong in front of a magnificent castle garden

fountain. She is powerfully declaring her authentic beauty, exhibiting confidence, and crushing it and our innovative SCULPTURA® [Sculpt-It-Your-Way] Shapewear Dresses are designed to help women do just that. We love to create curves that inspire a sense of independence, glamour, and give everyone the confidence to succeed.

Lidia Szczepanowski Model Citizen

Our dresses make even the flattest derriere and bust area look sculpted and sexy. And the point here is that when you look fierce and feel empowered, you can achieve just about anything in life. Time to celebrate.

There was a time in the recent past, however, when I was not sure if I was going to be doing any celebrating at all. I picked up the last quantity of SCULPTURA® dresses from my New York City factory on March 18, 2020, 2 days after Mayor DeBlasio shut down restaurants and closed all schools. My launch was scheduled for the following week, but I could not in good conscience launch a clothing line knowing that people all over our country would be losing their jobs and struggling to make ends meet. I made the decision to delay my launch indefinitely. What happened during the economic shut down? SCULPTURA® became a Finalist on Season 13 of Shark Tank, I won the FABcon Top 100 FAB Leaders award, and I developed many new strategic business relationships. SCULPTURA® also launched a limited edition, personalized, "Back-to Work" Survival Style Kit which is made up of our signature SCULPTURA® Shapewear Dress plus an elegant black 100% cotton face mask and stylish black gloves. I never gave up and always stayed positive. The experience reminded me of why a quote by Thomas Edison: "Many of life's failures are people who did not realize how close they were to success when they gave up." While I was building the SCULPTURA® brand I never imagined that my premiere could be delayed by anything much less a novel coronavirus that would shut down NYC and the WORLD! But I was not going to let a little thing like the world shutting down stop me, so I just kept setting up more and more opportunities to spread the word with the media about my clothing line which included finding a home for my voice in Model Citizens Magazine.

After being nominated as a Model Citizen myself and being given the opportunity to share my own story, it is a great honor to now be contributing as a fashion editor for Model Citizen's Magazine, especially after launching my own fashion brand. Getting out of COVID-19 jail was definitely liberating and it has presented some great opportunities, like modeling at sunset at a stunning castle. These pages feature our Miss Long Island 2020, Madison Argandona. She is looking absolutely flawless wearing the SCULPTURA® "Aurora" mock neck sleeveless style dress in these exquisite photos. Madison is a newcomer to the Model Citizen family but not a newcomer to pageants or modeling. Madison's look and attitude are completely on point and she feels like royalty because she knows that every part of her figure is impeccable when she is wearing a SCULPTURA® sculpt-it-your-way little black shapewear dress. She can model in complete confidence knowing she is a perfect 10 from head to toe.

Creating the business behind the SCULPTURA® brand was one of the most rewarding accomplishments of my life and it took a great deal of learning, expertise, and planning. The SCULPTURA® story started a few years ago when I was in a fitting room trying on a dress. While in there, I saw a pair of panties hanging on a hook. They had these soft silicone booty pads inside them, and I thought they looked kind of ridiculous. Laughing to myself, I put them on thinking of how funny I will look when I emerge from behind the curtain.

SCULPTURA

COVID-19 REBOOT SPECIALS

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MODEL CITIZENS MAGAZINE FINE ART PHOTOGRAPHY ISSUE

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Ultimate Class LIMOUSINE

Enjoy peace of mind knowing your party and guests are going to be safe. Ultimate Class Limousine has been in business over 28 years and has been voted best in Long Island 3 times.

Airport Transportation

Vineyard Tours

Weddings

In an unfruitful attempt by the family to hospitalize my mother (there were several), she was diagnosed with paranoid schizophrenia. She refused medication and resulted in her being in full remission. My mother's inability to function in society resulting in the loss of her family.

1 HOUR FREE Vineyard Tours

$10 OFF Airport transportation

$100 OFF Weddings

(516) 935-4444

ultimateclasslimo.com

BLACK LIVES MATTER HUNTINGTON NY

MODEL CITIZENS MAGAZINE
FINE ART PHOTOGRAPHY

When three police offciers just watch another man choke the life out of another and do absolutey nothing to stop him? This is not only a racist crime by the murdering officer, it is absurd to think that three police officers would think it is ok to just watch this happen.

What is even more absurd is that the American people and people from around the world would have to rise up and protest to force our goverment to prosecute all four officers! How in God's name could any judicial system not endite these thugs as soon as this happened? Why did it take weeks of protests? Is this the kind of justice we have in the United States for real?

From the appearnce of it all it seems as if you can break any crime as an influentical white, politically connected lawyer and get out of jail in a year, where if you are a black man jaywalking or comit even the most basic crime, like passing a fake twenty dollar bill, you are going to be murdered in cold blood for it and never even see a day in court. And since we are looking at this situation if cops on the street feel they can get away with murder what are black people facing when they actually try to defend themselves in court? Is the system just creating criminals out of the poor to churn files through the "industrialized justice complex" to create more law enforcment opportunties and pave the way for charing the files throughout the legal system? Sure looks like this is going on with plenty of eyes on the cops and with next to nothing being done about it with so many black men facing criminal charges, arrest, and jail time in the US. When you look at the numbers it is eay to see why so many are seeking to defund the police departments and replace them with social programs to hep the poor and minority communities into a better life, rather than create a life time criminal out of thse individuals by unfairly targeting them and not even trying to give them a chance at the American dream. There are many who say that this is not the police, that the poorer communities caross America are breading grounds for criminal activity. Well if that is the case then wehy don't we take part of the police budget and move it to programs that actually give people a better chance rather than just arresting and targeting black American's and putting them into the syste in the first place. I am no social worker but if you ask me about choices, I do not knoow many if anyone who would choose a life of crme and emprisonment over a life of honest good work. Everyone just wants a chance at survival and the AMerican dream. But if you take a man's choice away and do not give that man any opportunity to survive honestly, where do you think that individual will turn? To most anything that will create opportunity, even crime. But this is not about crimes by black American's this is about our criminal justice system covering up for police officers who murder Black American's and how we need to get a better handle on this. Think about all of the lives and the children's destiny's we can change! Think about the system does not seem to working for all American's . In fact the system is not only not working for many Black and Minority American's they system is turning otherwise honest American's into criminals by targeting them to begin with. It is hard enough making a living in the USA, never mind if you are being targeted by the very system that is supposed to be protecing you! This is just absurd but it is not an isolated incocent, this is systemic throughout the policing community and it makes every American ask themselves

BLACK LIVES MATTER GREENLAWN NY

Where does it stop? Am I going to be next? Is this going to get so bad that the police forces in order to justify their own numbers and existance are going to create criminals by targeting Black Americans?

Just look at the colors of all of these individuals protesting. It is clear that in the real world like here in Greenlawn we are one community integrated and we do not see color. Look at the signs, read them.

"Together we stand unified for change", "Black People are 25 times more likely than white people to be killed by police"

"Black Lives Matter Justice Now"

The messages may be different but they all say the same thing. We are in this together and we will protest until we get justice. Justice for those who have already lost their lives to this insane system of targeting black people and the cops that support that type of justice.

We have to look at the facts and when looking at them realize that many of the studies are skewed becaue the PBA and the other police unions are so strong that they will attempt to bury this as best they can and turn it into a rioting and looting story rather than the real story. The real story is that predjidice has lasted way too long in the US and it is time to put a stop to it.

You would think that there is an easy solution, just put black cops where there are black crimes but does that work? And if it does work, it seems pretty straight forward, why hasn't that been done already through the entire USA? Or is it that the lives that are being taken are in predominantly white communities that target black American's? There are still many part of this situation that need to be flushed out but one thing is perfectly clear to all American's , this racism and police tactics have to stop, and stop now.

Even while we know this type of justice has to stop now, we do know that most of the police officers that represent us are part of our communities, they represent the best of us by putting their lives at real risk every day they go to work. So while Black LIves Matter, so do the lives of the police officers, the honorable, heros that protect us from real danger every day. We all know by looking back at our youth that there were criminals integrated into our neighborhoods who simlply thought they could get away with crime. From drug dealers , petty thieves, those that would prey on others by stealing what they have rather than going out and aquiring things the legal way. I know that when I was young I was asked several times "do you want in on this?" from people who were breaking laws to get ahead. People who would bear the risk of being arrested to make money the easy way. They exist in every community even if we do not know they are there. Every time someone is missing a wallet that isn' t lost it is because someone was willing to risk their freedom to get your cash or credit cards. Some actually troll richer neighborhoods looking for opportunities to steal what ever they can. In many cases beause they have been doing that type of crime since they were young and someone convinced them it was worth the risk. Maybe the revolving door of justice is what has bread a new breed of criminal.

BLACK LIVES MATTER BAY SHORE NY

MODEL CITIZENS MAGAZINE JULY 2020

Do we really want criminals who are targeting others to be able to join gangs, and then loot or riot along side protestors to get away with breaking laws in pure daylight? There are many sides to this issue. While it is imperivive that we put a system of justice in place that is fair and equitable to everyone, at the same time we can not falsely accuse the entire policing community of being thugs and murderers. Most of the police officers I know care about our communities as much or even more than most others. Just like we all know someone we have lost from the coronavirus, I do believe that we all also know someone who has lost thier lives as part of their job as a police offcer. Criminals are not good people, most of them are extremely bad people. And of course I do not mean someone who was so desperate that they passed a fake twenty dollar bill. I mean the thugs that start out dealing drugs or selling heroine to those in pain as a means to make a ton of money off of the misery of others. Think about this for a moment, what type of person would sell heroine or cocaine, or any other narcotic to teens and children to make a living? What does that indivdiual care about human life? And if that same person has the opportunity to get caught, or simply kill another human, a cop for instance, what do you think will stop them? A threat of having to meet with a social worker? Or is it not the police and the heros out there that are keeping us safe from the gangs who deal hard drugs and the firearms they obtain on the illegal market from other criminals? Who else is going to stand up to the violent criminals out there?

While I absolutely believe that cops should be held to a much higher moral ground than anyone else please also remember that they do put their lives on the line for us every day.

So while I write this story to share my support for all American Lives, and of course my hope that the more awareness we bring to this issue of Black Men being targeted by the police, I also care to share that we must remember that there are bad criminals out there and we need a strong police force that keeps them in place knowing that if you break the law you will pay for it. One way or another you will pay. The question is how to fix what is broken and at the same time keep what is not broken in place serving our communities no matter what color those communities are. I do not think it takes much more than to look back at what presidential candidate Mayor Mike Blumberg said while he was in office about racial targeting to know that this is not a street cop issue, this is an issue that goes all the way up to active mayors and politicians. Who's making all the money on the prison systems in the US anyway?

MODEL CITIZEN JEFF HOCH

John: Do you think Biden will win this election by default?

Jeff: From where I am sitting absolutely. Largely because I don't think people feel the COVID response was timely enough, and secondly he's a little too silent about standing up for racial inequality and the violence that ensued after a rash of recent attacks on African Americans. The silence is speaking volumes.

John: Now we've heard about election medaling in 2016, with social media, and many people are calling different social media platforms, whether it is Twitter or Facebook, I hear Facebook being called fascists, or Twitter is intervening in the Presidential Election by casting its own judgement on peoples tweets. What do you think about social media companies and the power they wield over society?

Jeff: It is an interesting question because we have a president that regularly uses Twitter and sometimes by doing so espouses a lot of hatred. I don't believe in censorship of media in the general sense, absolutely not, but I am shocked that we have a President of our great nation that takes that platform and goes on attack mode with it. It is disturbing to me. I never would have considered that a President would have used that as a means to that end. Overall, do I think that social media is a powerful entity, for good and bad. My take on it is that I use it for good. I use it to get the word out about causes like LLS. I use it for things about business recovery and I do it to promote what I do in the world to help people.

John: What do you do in your world, when you are not raising money for charities? I understand you are very active in the charity community, so first tell us about these charities that you work with.

Jeff: I got involved with the American Cancer Society Walk for Breast Cancer. I have also worked with Guide Dog Foundation For The Blind. I got to know them through some other charitable work that I was doing, and I was very impressed with the work they do and how much effort they put into helping those people who are blind and war veterans. I've done a number of food drives for Long Island Cares. There are a lot of food problems on Long Island, much more than I realized. I am involved with my Jewish community. I am fortunate at this time in my life to be in a position to give back to others. Finally, charity and giving back to the community are the family values me and my wife Nina, who is my campaign manager for the Man of the Year Campaign, are actively instilling in our children. My kids Michelle (21), Stephanie (17), Matthew (14) and step-daughter Josephine (6) have been actively involved with charity efforts over the years – from running lemonade stands and selling flowers outside of our house, to having their own charity campaigns and helping ours we are so proud of them. We also know what it is to be on the other side of the charity.

John: How so?

Jeff: My elder three children know the bitter sting of cancer too well, as they have witnessed their mom's lengthy battle with breast cancer and her loss to that disease five years ago. During that difficult time, we had a lot of community support. People were around to help us, cooking meals and making phone calls, all sorts of support. Now I am of sound mind and body and can help others. It's very powerful and a gives me great sense of enjoyment to help people.

John: I couldn't agree more. You are paying it forward.

Jeff: In some regards, I don't think I could ever repay what's been bestowed on me.

John: I completely understand. When I was very ill myself, my business partners and my community became my angels. I couldn't work for five to six years and went through the equity of my house and 401k, and still had to walk every day or die. I walked halfway around the world and my angels supported which is one of the motivations for the Model Citizens Magazine.

Jeff: I think, I'll be honest with you, I will never stop doing it. I love it so much. For me too, when I work with an organization, like I have for a number of years been working with the breast cancer organization, I always try to best what I raise. One year I raised $1,000, so the next year I upped it to $2,000 and the next $4,000. So there's a competitive nature to it. Sometimes I treat it almost like a game. In a game mentality I can keep myself motivated. No one else knows what I've done, only I know. I always try to go above and beyond.

John: What do you do for a living for work? Tell us about the man behind the charity efforts.

Jeff: Okay, so I am Commercial Real Estate Advisor. I work for Colliers International in Jericho. It's a large international realty firm. I started working for them in 2019, pre-COVID era. I would say my practice was definitely shaping up in a nice way, largely because of the networking and outreach I was doing, and then this hit. Before going to real estate I had a long successful career as an information technology executive, working for firms like Broadridge and UBS. As a result, in my current business, I love "connecting the dots" by combining my business acumen with technology trends, data analytics, to deliver integrated cutting-edge and innovative solutions to my clients. I also started an organization, an alliance partnership called Recalibrate Partners with a number of people in the commercial realty world so we go after business opportunities together. I have an architect, who you know, a construction company, office furnishings, a disinfectant company, legal, IT. We are a bunch of like-minded people, who pull together. In general, I am a bit of a serial entrepreneur, always looking for new ventures. I love the intersection between technology and real estate. I think there is a lot of opportunity in this new era for how real estate is going to go.

LOVE IN COLOR !

BLACK LIVES MATTER

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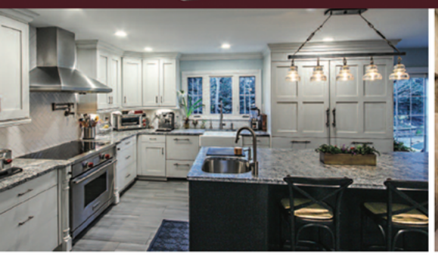

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SCLULPTURA FASHIONS

MODEL MAGAZINE
CITIZENS JULY 2020

Well, not only did I not look funny, but my butt never looked better! The problem was, however, that my bra straps were showing, and my belly looked a little “poochy”. Right at that moment as I was looking at myself in the mirror, I thought, “why don’t dresses have support bras, booty pads and shapewear built into them?” That was it, the seed was planted. When I got home, I took out my laptop and searched “high-quality, comfortable, all-in-one, figure flattering dress with built-in bra and butt pads.” A few "slimming" dresses came up, a lot of bras and shapewear and the same butt enhancing panties I tried on, but I wasn’t able to find any dresses that made my bust, waist, hips and booty all look good.

So, I took out a piece of paper and started sketching some designs. Fast forward several years, countless hours of engineering, innovation, and lots of trial and error, I was issued a United States utility patent for the world's first “combination garment” that helps correct figure issues using SCULPTURA’s exclusive [sculpt-it-your-way] body contouring, built-in shapewear and "Body Sculpting Technology and Tools". SCULPTURA® was born out of an environment and culture of change, progress, and evolution ... out of a need to look and feel your best. Because we believe that when you look and feel amazing, you can achieve anything! One cannot help but feel romantic when looking at a castle, especially while modeling and wearing beautifully tailored and elegantly designed SCULPTURA® little black dresses.

As the founder of the National Organization for Women’s Safety Awareness, Inc., and as a former state, national and international pageant title holder, I am all about giving opportunities to women role models, especially young women who are passionate about giving back, volunteerism and pageantry.

I competed in my first pageant when I was 41 years old and I had absolutely no idea what I was doing. I learned quickly that competing in a pageant was like participating in a competitive sport and many contestants hire a pageant coach and personal trainer, a hair, make-up and wardrobe professional, an interview consultant, a spray tan artist, and other experts. I also cannot begin to tell you how much money is spent on gowns, interview outfits, fitness wear or swimsuits, shoes, hair extensions, entry fees, and the like. Since I did not have any pageant experience and did not realize how elaborate pageantry was, I just "winged it". I am proud to say that I won my first pageant and the title of Mrs. NY America 2006 without trainers, coaches, extensions, or an expensive gown, and I acquired some priceless knowledge. I learned that judges fall in love with contestants who are authentic, intelligent, have positive energy and a good sense of humor and who light up the room when they enter. With this wisdom, I went on to win the titles of Mrs. NY International 2009, Mrs. Corporate America 2013, and Ms. World Elite 2017 and as a titleholder, I was given a powerful voice. I became an instant role model for women of all ages and a spokesperson for my pageant platform, women's safety awareness. Today, although I am no longer a reigning queen, I continue to encourage women to celebrate and honor everything about themselves including their achievements, contributions to their families and communities, careers, and their bodies.

The minute I met Madison and Chloe, Miss Long Island and Miss Long Island Teen 2020, I knew they were perfect representatives and role models for my SCULPTURA® photo shoot and subsequent Model Citizens Magazine spread. They embody the ideology of my brand, that we all have a mission and a purpose and if we look and feel confident, we can pull anything off and experience life on our own terms. During this time of unrest, we support our country, our Constitution and the caselaw that grants all citizens equal protection of laws in the United States. At SCULPTURA® and Model Citizens Magazine, we believe that all individuals are special, unique, and beautiful and despite our differences, we choose to embrace love and just support each other. On these pages, Madison and our Miss Long Island Teen 2020, Chloe Jones, are wearing two signature styles of SCULPTURA®’s [sculpt-it-your-way] shapewear dresses, namely the “Aurora” and “Athena”. Chloe struts her smile walking up the gravel runway towards the castle and Madison again amazes us with her ability to clone her Model Citizen smile to the mood of the specific location. Here Madison looks sultry as she poses for our artistic photographer who has changed the scene to the Oheka Castle Library known for its opulence and fine design.

Mixing SCULPTURA® fashions and such extraordinary women with Oheka Castle as the backdrop was one of the most romantic shoots John and I ever collaborated on. I could not be prouder of my invention and I am elated that everyone loves them.

JOHN JOSEPH DOWLING JR

SOCIAL MEDIA CENSORSHIP

You log off of FB and go for a walk, what do you do on your walk? Probably call a friend , text someone, quite possibly have a zoom or facetime chat with some distant friend or if you are lucky a potential client. You check your comments, tags, like a few friends selfies, maybe even post one yourself.

Your post very well might be of a beautiful flower you see on your walk, or if you are really lucky a short lived tornadeo so you get a gazillion views! These days we know that views, clicks, likes, loves, any reaction or acknowedgment of our social media posts means a smile and at times money.

You get home and take a shower, watch the fake news and wonder if the world is coming to an end, and of course scan your Insta for new reactions and opportunities to get entertained in between the TV commercials and other streaming media. Later you go read a book or even take a bath, and what do you do? You again check your social media, and if you are like the other billions of wired on the grid working class hero's out there making a living you check your email or snail mail. But where do most of your leads come from these days Facebook, Linkedin, Instagram, and maybe Twitter, but if you are not wired in your in trouble.

Back in the day yes it used to be the yellow pages, the Pennysaver, North Shore today, and ever Newsday or News 12 if you were lucky. Today we are digital beings and we are living the real life of the Matrix in order to create value for our peers. To squeeze out a living in this new crazy world where we can not even hug each other without the risk of death. So yes we are most definetely living in the matrix and who controls the majority of the matrix? Facebook and its social media platfrom that is dring many poeple insane! Why you may ask? Well just imagine one day after building your network over ten years that it is completely gone.

Not from some notorious hacker, or China, the NSA, or even a devious competitor. No Facebook has deciced that your actions viloate their "code of conduct" and they suspended your account. Maybe they even deleted it, or for that matter the application has become so buggy that runs the FB community that it just screwed up and deleted your profile because of artifical intellingence not working. In the worse cases maybe even a disgruntled fact checker who does not agree with your political views just wiped your profile as revenge for your political views and popular posts.

It really doesn't matter why, even as all of the above listed reasons are examples of how and why FB has suspeded and deleted accounts. What do you think happens to those individuals who lose the most powerful tool most American's have during this pandemic? Do you think that it does not have an effect on the bottom line for those individuals? Think about it you lose hundreds, if not thousands of contacts, maybe if you have popular groups and pages, that you have supported with ads and campaigns, you lose that thousnds or tens of thousands, even hundreds of thousands of dollars you invested in building that network. Most people do not even know that this is going on but it is and in the past year, it has gotten worse. People, busineses, are devistated when they lose their entire network. Now of course if you keep real world information or start a new profile you can get many of those contacts back, and since everyone has already experienced some form of this, most have some data they keep offline. But downloading a copy of your data only creates a ton of work for your social team in rebuilding it. While all of these things help to moderate the damage that causes what they teach us is that the dominant social media network in the entire world probably should never have been able to purchase Instagram and integrate the two networks into a virtual monopoly on the social media space.

Now that the entire world is using social media and the majority of it Facebook, is it really the best decision to allow Facebook to moderate itself? Isn't Facebook just as big a monoploy now as American Telegraph and Telephone was prior to the divestiture? Yes it is, in my opinion. And we have already learned about how Facebook has proven through censorship that it can inflience the mindset of an entier city, so why do we think that a monoply like Facebook can not cenor its members to control the outcomes of every free election in the world? Or at least the one that means the most to the free world, the elections in the United States.

While many do not understand how social media platforms work, just read on and you will see just how incredibly crazy this is that we do not turn this into a moderated platform. All you have to do is listen to the conservative voices and you know that Facebook, Twitter, and Instagram are dictating the moral, ethical, political, views of the entire world. How, through censorship, and when you report this to facebook itself, what does Facebook do? They terminate your account. Now that sounds like a dictatorship of a social media platform, no?

JOHN JOSEPH DOWLING JR

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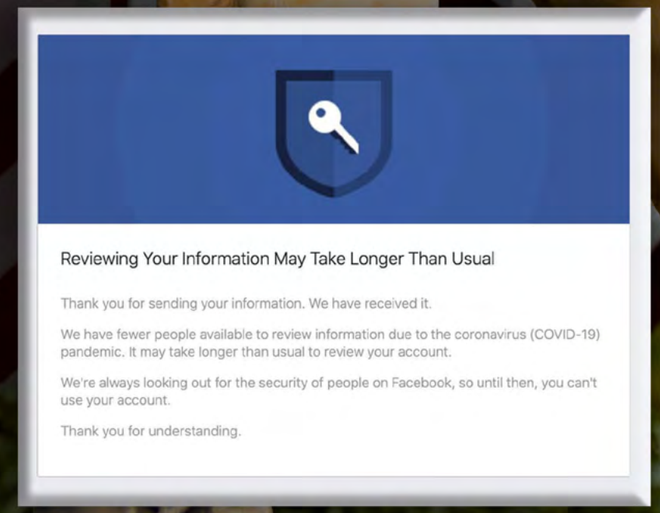
SOCIAL MEDIA CENSORSHIP

Well many think so. So let's start with some first hand experiences. I was one of the very early people to start using social media. I have hundreds of groups and pages I manage and promote on. Thos pages have thousands of folowers around the world and are geotargeted to specific geographic regions. Since FB allowed pages to follow pages and groups, it's platform has been a mess! First requesting randomly for each page you manage that you like other pages and groups, and thne in many instances, logging you out and then giving you warning messages that you are exceeding the number of actions that are allowed on FB, even though you were invited to like other pages to begin with. Then of course you have the "invite friends to this page or group" action that when you 'invite all" almost immediately and on every page or group you invite all to, it suspends your account for exceeding the limites of the tool . So WHY does FB giv you that option if it does not want you to use it? Why do they not just take that option off? Well in my experience if they leave options and let users use them, then FB has a valid reason to suspend your account, and if they choose, eliminate it. First create viable deniability that you are cesoring anyone's political views by first intentiallally creating errors, and then Take any users account away for "valid reasons" . That is exactly what facebook is doing, and much worse. They are intentionally censoring conservative points of view. NOT that I am a conservative, but for the first time in many many years I supported one, and when my posts were shared by hundreds, facebook killed my profile and has refused to acknowledge my emials to coporate, my in system requests for help, anything. Now I am not always conservative or liberal, I am one of those swing voters who try to support the candiates who are providing the most tangible results despite thier political party or their moral or imoral character. While I do not believe that we should be Censored at all, Facebook is doing it to a grossly exagerated extent and I do beleive that censorship is unconstitutional not only on the Facebook Platoform but on any social media network. What should we do about it? Write to Facebook and your political leaders, tell them you want censorship to be outlawed and that FB should stop censoring its content or it should be regulated as a publisher and all members should be notified that Facebook does in fact censor the content you see on it's network. This is not about political hacking this is about Facebook using it's monoploy in ways NO MONOPOLY should be allowed to control its members or destroy years of work on a whim.



2020 ELECTION BIDEN OR TRUMP?

Senate Republicans blocked calling Mr. Bolton as a witness even after The Times reported in January that his then-unpublished book confirmed that Mr. Trump linked the suspended security aid to his insistence that Ukraine investigate his political rivals. The Senate went on to acquit Mr. Trump almost entirely along party lines. Mr. Bolton greatly angered critics of the president for waiting to make his account public until now.

The book confirms House testimony that Mr. Bolton was wary all along of the president's actions with regard to Ukraine and provides firsthand evidence of his own that Mr. Trump explicitly linked the security aid to investigations involving Mr. Biden and Hillary Clinton.

And yes if this is all true then we could have an actual impeachment

BEFORE WE HAVE AN ELECTION!

On Aug. 20, Mr. Bolton writes, Mr. Trump "said he wasn't in favor of sending them anything until all the Russia-investigation materials related to Clinton and Biden had been turned over." Mr. Bolton writes that he, Mr. Pompeo and Defense Secretary Mark T. Esper tried eight to 10 times to get Mr. Trump to release the aid.

Mr. Bolton, however, had nothing but scorn for the House Democrats who impeached Mr. Trump, saying they committed "impeachment malpractice" by limiting their inquiry to the Ukraine matter and moving too quickly for their own political reasons. Instead, he says they should have also looked at how Mr. Trump was willing to intervene in investigations into companies like Turkey's Halkbank to curry favor with President Recep Tayyip Erdogan of Turkey or China's ZTE to favor Mr. Xi.

MODEL CITIZEN AMANDA COLANDRO

2020 ELECTION BIDEN OR TRUMP?

MODEL MAGAZINE CITIZENS JULY 2020

MODEL CITIZEN AMANDA COLANDRO

Mr. Bolton writes that he raised concerns about both cases with Mr. Barr, who shared them. "Barr said he was very worried about the appearances Trump was creating," Mr. Bolton writes. Similarly, he recalls, Pat A. Cipollone, the White House counsel, "was plainly stunned at Trump's approach to law enforcement, or lack thereof."

Just as Mr. Trump sought Ukraine's help against his domestic rivals, he similarly married his own political interests with policy during a meeting with Mr. Xi on the sidelines of the Group of 20 summit meeting last summer in Osaka, Japan, according to the book. Mr. Xi told Mr. Trump that unnamed political figures in the United States were trying to start a new cold war with China. And trust me, we are deep within a new cold war and it's not just with China, itls China, Russia, N Korea **and of course all of the ditatorships around the world.**

"Trump immediately assumed Xi meant the Democrats," Mr. Bolton writes. "Trump said approvingly that there was great hostility among the Democrats. He then, stunningly, turned the conversation to the coming U.S. presidential election, alluding to China's economic capability to affect the ongoing campaigns, pleading with Xi to ensure he'd win." (Mr. Bolton says he would have printed Mr. Trump's exact words, "but the government's prepublication review process has decided otherwise.")

Robert Lighthizer, the president's trade representative, denied on Wednesday that Mr. Trump sought election help from China during that meeting. "Absolutely untrue," he said when asked during a Senate hearing. "Never happened I was there. I have no recollection of that ever happening. I don't believe it's true."

Mr. Barr, for his part, denied Mr. Bolton's version of their conversations. "There was no discussion of 'personal favors' or 'undue influence' on investigations, nor did Attorney General Barr state that the president's conversations with foreign leaders was improper," said Kerri Kupec, a Justice Department spokeswoman.

Mr. Bolton does not say these were necessarily impeachable offenses and adds that he does not know everything that happened with regard to all of these episodes, but he reported at least some of them to Mr. Barr and Mr. Cipollone. They should have been investigated by the House, Mr. Bolton says, and at the very least they constituted abuses of a president's duty to put the nation's interests ahead of his own.

But wait, don't we know all of this already? Don't most people know that our elected president has chosen not to share his tax returns after he said he would? Did not build a wall as far as I can see, can you? And why if immigration was so importnat for the last four years, isn't anyone speaking about a wall? Nor is anyone speaking about immigration. At least not as far as I can tell. For that matter is anyone even speaking about the election? Or do we have so much on our plate should we even have an election this year? You know it is is going to happen and what is the major isue going to be? Black Lives Matter?

One could actually argue as domestic policies are concerned Black Lives Matter and the Economy are the mosat important, no?

So if we already know that POTUS has no idea what he is doing in matters of international politics, and that he bumbles many choices, picks on others, and is a social media addict, then why do we care? MOrally corrupt? Profiteering off of the presidency personally? Are not all politicians making money on the side? It sounds like it, even sounds like Biden's son pocketed a few billion from the China and [illegible] contracts if you listen to the media.

So really are we learning anythnig we did not already know? Or is it just possible that we don't care what he does as long as he keeps writing checks? Opens the economy and keeps re-negotiating every liveral give America's money away contract there is out there? And is that why the so called " deep state" keeps going after him? Is that political machine trying to destroy POTUS so they can re-take control of our goverment again and put those sweet contracts back out there for the other countries who you know are funneling money around one way or another. Or is our political process completely dysfunctional and will we really never know the truth? Does the truth even matter if we are getting more money in our pockets and the economy is rebounding? is anyone really ready to put the entire country back into the hands of the democratic party? I just don't think so, not now, not after all of those lame impeachment attempts. This election is a roll of the dice as we saw in 2016 all it takes is one little FBI investigation and you lose the presidency in 90 days.

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2020 ELECTION BIDEN OR TRUMP?

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ANYTHING can happen in situations like these, especially after so much turmoil with the way POTUS handled the protests. In other cases handled nothing at all reminding every citizen of the US just how important state elections are and how important our governor, mayor, and county executive elections are as well. There is no question that the majority of US citizens are concerned about our future, we are worried about real dangers. We certainly do not want to have to think about is my president out of his mind! Or is he so old is he having a memory lapse? These are two things we should never have to consider when choosing a leader of our country for four years. It seems in the age of billionaires anything is actually for sale, even the presidency. Cut a deal with Russia, or China, get your son a job as a consultant even though he has ZERO experience in the matters at hand. Or for that matter just do anything you want and worry about the payoffs later. Matter of fact let your friends go to jail and then create an executive order that get's them out in 11 months. Really does not matter what you do anymore as an elected official or even the president of the United States. As long as you can spin the story the way you want, and use your muscle to get what you want, you can pretty much do anything you want as president, and most anything you want as Vice President. Even get your son a job with Chinese firms your in charge of negotiating with!

2020 ELECTION BIDEN OR TRUMP?

MODEL CITIZENS MAGAZINE FINE ART PHOTOGRAPHY ISSUE

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Book, no book who cares? The fact is as long as you can spin it, you own it. Biden? Trump? Is either candidate the moral, robust, braniac, and capable man we want as president? No I do not think so. I would bet if ballots contained, none of the above, neither one of them would be elected. Don't you think? Really do either of these two men deserve the presidency of the most powerful military power in the world? It just scares me to death. Really I would not want either one of them as a father in law or as a leader. Old is just old and immoral is just immoral. If I had to have one of these two old dudes as president it would be the one who is going to do what is best for the USA. It just seems that no matter how many times TRUMP puts his foot in his mouth he finds a way to get past it and do something better than he was doing before. Maybe it just takes time to learn the job of president? Maybe it takes four years of training especially for a man who never served in public service before who is just learing the game of politics? Do we think that we can put a virtious man into a position to negotiate with terrorists and rogue nations? How about those who would see our way of life destroyed!

I mean everyone knew what we were getting into when we voted him in office. Does anyone think that BIDEN would be able to do better? Some say that Biden and OBama almost bankrupt the US with obama care and regulations. Or is that all poltical fake news?

If we really do not know where we have been, what news is true and fake, how are we actually going to sift through all of the propoganda to get to the truths of all of these matters? What is TRUMP really doing to benefit himself in these negotiations and did Biden really take a ton of payoffs from China and the Ukraine or is that also more distorted news? Seems like it is almost a full time job disifering the BS from the truth and even after we get the truth, does the truth do us any good if we are left with choices like Trump or Biden? Are these really the two best candiates for the job of president? One with more investigations under his belt, it appears more than any other president in history, and one who seems to SPACE OUT at the most inappropriate of times? I mean can Biden actually pass a physical? And where in GOD'S name has Biden been hiding for all these months of isolation and why? Can we really rely on his old bones to take him through this election never mind the twenty four seven job of the presidentcy? Frankly, I do not know if my stress levels can handle another four yeras of Trumps tweets and press conferences where he fights with the media, brags about his accomplisments, and is called out by one member of his administration after the other for being a baffoon. I mean it is just embarrasing to think this is the best we can do as a country with presidential candidates.

Just maybe the guy who is the best negotiator and economic mind behind all of these choices that are helping us navigate this inevatable mind field of political and real life challenges, is not the same dude who should be speaking to the press night and day! How can any one person actually be an expert of all these tasks? I do think that despite the poor press, when all is said and done, TRUMP makes the hard choices and is never concerned about saying it like it is, or that he changes his mind. Quite possibly the ONLY POTUS that could have navigated us through all this. We will see in November.